

KSCASI NEWSLETTER

# Eshastra



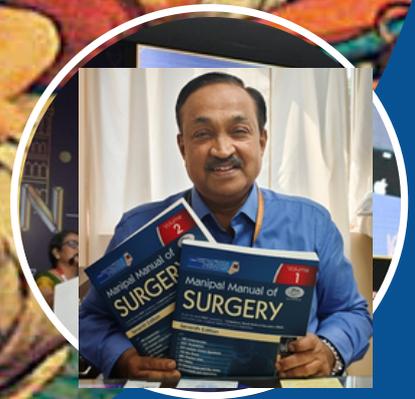
Jan - Mar 2025, 1/25



NEW EC TEAM



KSCASICON 2025



25 YEARS LEGACY

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## UPCOMING EVENTS

**09 - 10**  
**AUG 2025**

**MIDCON 2025**

KANCHANUR INSTITUTE OF  
MEDICAL SCIENCES, MANGALORE

**13 - 15**  
**FEB 2026**

**KSCASICON 2026**

RAICHUR



## KSCASI OFFICE BEARERS 2025



**DR. RAJGOPAL SHENOY K**  
**CHAIRMAN KSCASI**



**DR. SARVESHA RAJE URS**  
**.A.S**  
**HON. SECRETARY KSCASI**



**DR. GURUBASAVANA**  
**GOUDA Y**  
**TREASURER KSCASI**



**DR. NAAZ JAHAN**  
**SHAIKH**  
**CHAIRMAN ELECT**  
**KSCASI**



**DR. NARAYANACHANDRA I**  
**HEBSUR**  
**IMM. PAST CHAIRMAN**  
**KSCASI**



**DR. CHANDRASHEKAR N**  
**IMM. PAST HON.**  
**SECRETARY**



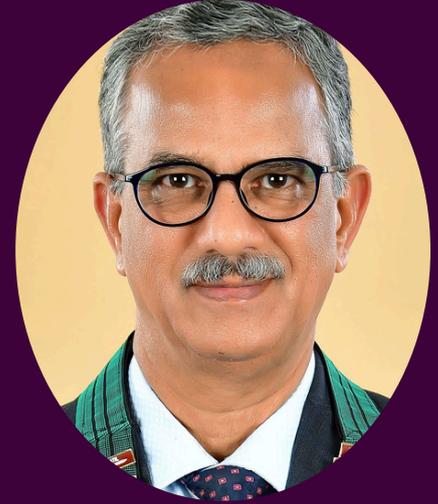
**NATIONAL EXECUTIVE COMMITTEE MEMBERS 2025**



**DR. GADDI DIWAKAR**  
**HON. SECRETARY ASI**  
**INDIA**



**DR. G. SIDDESH**  
**DIRECTOR OF SOCIAL**  
**WELFARE ASI**



**DR. H V SHIVARAM**



**DR. ISHWAR R HOSAMANI**



**DR. GURUSHANTAPPA**  
**YALAGACHIN**



**DR. K L VENKATESH**  
**CHIEF EDITOR KJS**



Jan - March 2025

## STATE EXECUTIVE COMMITTEE MEMBERS 2025



**DR. B. SRINIVAS PAI**



**DR. ANANDRAVI B N.**



**DR. PREETHI S P**



**DR. SUNIL SUBHASH  
JOSHI**



**DR.V ANAND KUMAR**



**DR.SHILPA  
HUCHANNAVAR**



**DR. SAVITHA KARLWAD**



**DR. HARSHA G V**



**DR. SANGAMESH**



Jan - March 2025

## From Chairman's Desk Dr Rajgopal Shenoy



I am very happy to pen down some of my thoughts as message through this unique newsletter of our association, e-Shastra, which has become the voice of KSCASI consolidating all our activities, aspirations and achievements. The e-Shastra showcases the Surgeon's role in the society not only as a Surgeon but as a leader, organiser, storyteller with some unique experiences. This is the platform for surgeons to express their views, share their travel experiences, showcase their achievements and awards and chronicle their success stories and sacrifices. Young surgeons and readers can find some fine tips from these success stories including how to overcome difficulties, how to achieve your aims, how to run a hospital/nursing home. This is also a medium for the Chairman and his committee to communicate with all the surgeons of the state and also with surgeons from all over India about the activities of KSC-ASI.

**CME's and academics:** We have been very successful in conducting online monthly PG time on 2 nd Thursday and Surgeons time on 4 th Thursday regularly. I am very grateful to our resource persons who are sparing their valuable time for imparting their knowledge and skills to young postgraduates and surgeons. All our city branches are doing lots of activities – donation of medical books to library, several CMEs, skill enhancement programs, endoscopy training programs, ALS and BLS workshops etc.

**Public Image Building:** We began our activities with a unique gesture of honouring National pride, Shilpi Arun Yogiraj, sculptor of Ram-Lalla at Ayodhya. I am thankful to Mysore city branch surgeons and Respected Dr. C. G. Narasimhan, past chairman who ensured that this event was successful.

**Rural service:** I need to mention Mysore city branch of surgeons and Hubballi Dharwad surgeons for arranging these awareness camps for tribal population at Hunsur Taluk and at Hubballi. We at KSC, not only care for patients but also care for society, care for the physically challenged and care for children with cancer. We will also be conducting rural surgery camp.

**A unique state level medicolegal master class:** This workshop was arranged for free, for surgeons of the state, at Shivamogga, hosted by Shivamogga city branch with IMA Shivamogga. My whole-hearted appreciation for organising such an event by Dr Harsh GV, our EC member surgeon from Harappanahalli and Dr Suresh BP, HOD, Dept of Surgery, Subbaiah Institute of Medical Sciences, Shivamogga and excellent speakers who have given valuable guidelines. This was a well- attended program by about 80 members.

**Surgeons' week celebrations:** We have very successfully completed a weeklong several activities and surgeons' day celebrations. I am happy to say we will be bringing a special edition of this very soon. Dr Savitha K is already working on this next e-Shastra.

**KSC ASI MIDCON Mangalore on 9 th and 10 th of August:** We have seen an unparalleled registration of 490 plus as of June 30 th . Organising chairman Dr Satyamurthy Aithala and Organizing secretary Dr. Likith Rai and team South Kanara city branch of surgeons, have been preparing to receive you all and PGs at Kanachur Institute of Medical Sciences at Mangalore. We will be busy for another 45 days for this making this MIDCON a grand success.

Our Vision-Acronym: Surgeon

- ☒ S – Skilled and Safe
- ☒ U – United and Untired
- ☒ R – Responsible and Responsive
- ☒ G – Generous and Gracious
- ☒ E – Energetic and Empathetic
- ☒ O – Observant and Open-minded
- ☒ N – Noble and Novel

Concluding remarks: Shastra, refers to handheld weapons used in direct combat, like swords and maces. As we know, the pen is mightier than the sword. I consider this name very appropriate for our newsletter for surgeons, who use their Shastra, the Scalpel. This Shastra must be used at the right time, in the right place and in right spirit of surgery. We shall keep our basic ethics that says, 'Do no harm'. I congratulate the newly elected office bearers of KSC - ASI at Mysore including well organised chairman elect Dr Naaz Shaik and very disciplined secretary Dr Sarvesha Raje Urs. Our EC members are very vibrant, innovative, energetic and enthusiastic. My special thanks to all our state EC members, national EC members, immediate past president Dr Narayan Hebsur and Secretary, the live wire of the association, Dr Chandrashekar. I would like to convey my appreciation and gratitude to the Lady Surgeon, Dr Savitha Karlwad who has brought out this wonderful compilation of articles as SHASTRA.

*From IMM. Past Chairman's Desk Dr Narayan Hebsur*



Dear Surgeons,

"I extend my heartfelt gratitude and admiration to our KSCASI for organizing a plethora of events that have significantly benefited the community at large and enhanced the well-being of surgeons. Under the exemplary leadership of Dr. Rajgopal Shenoy, Chairman, and Dr. Sarvesh Raje Urs, Hon Secretary, our President and Secretaries across all city branches have worked tirelessly to make a positive impact.

I particularly appreciate the:

- Involvement and recognition of senior surgeons, whose experience and expertise in Academics and Social Responsibility are invaluable assets to our community.
- Honouring & Recognition of Our Surgeons who have worked tirelessly & served the society at large
- Initiative of organizing blood donation camps, which demonstrates our commitment to saving lives and promoting the value of selfless service.
- Thoughtful approach to environmental sustainability, reflecting our responsibility towards Mother Earth.
- Impactful Paper Publication, Media,TV programs that promote health awareness and highlight the importance of caring for life.

These efforts not only celebrate Surgeon's Day but also inspire us to contribute meaningfully to society. Dhanyavada to each one of you for your dedication, compassion, and commitment to excellence. May Our endeavors continue to bring glory to our profession and benefit humanity. 🙏

Jai KSCASI

-Dr. Narayan Hebsur, Immediate Past Chairman, KSCASI"



Jan - March 2025

*From Secretary's Desk Dr Sarvesha Raje Urs*



Dear Seniors and esteemed members,

Greetings from KSC ASI,

Wishing all a very happy and prosperous New year - Ugadi.

First I want to wholeheartedly thank all members of KSC ASI for electing me to the post of Honorary secretary of KSC ASI and giving me an opportunity to serve our association. I will try my best to work to the best of my ability to further continue, the good works done by the previous body. Our Executive committee has taken charge of the office under the leadership of Dr. K. Rajgopal Shenoy known as Teacher of Teachers. I heartily Congratulate all elected members and chairman elect Dr. Naaz Jahan Shaikh .

With our energetic executive committee members support and seniors guidance we will aim to continue winning Best chapter award from ASI .

Our team whole heartedly congratulates the previous body headed by Dr. Narayan Hebsur and Dr. N.Chandrashekar for their award winning work in there tenure.

The plan of activities for the year 2025-2026 has been chalked out. Professional activities including workshops for members and post graduates, Social activities for Tribals, Rural and Urban population are planned.

MIDCON 25 is at Kanachur Medical College, Mangalore in 9th and 10th of August 25 . I request all our members and Post graduates to register and actively participate in the conference.

Now coming to the Pillars of our association - City branches to conduct the activities regularly and send the reports immediately to [secretarykscasi@gmail.com](mailto:secretarykscasi@gmail.com) along with photos of the program with banner of the branch.

I conlude by saying

*' The Journey of a thousand mile begins with a single step".*

**Long live KSC ASI.**



Jan - March 2025

*From Editors's Desk Dr Savitha Karlwad*

Respected members of the KSCASI,

I am highly privileged and elated to have been elected as an EC Member which was indeed possible with the enormous support and encouragement received from you all. I whole heartedly thank my teachers, seniors, colleagues and all the members of KSCASI who have contributed directly and indirectly to help me achieve this.



“With position comes a responsibility”, so I thank Chairman Dr Rajgopal Shenoy sir, Secretary Dr Sarvesha Raje Urs and all my EC members for bestowing me with the responsibility to shoulder the highly privileged role of Editor of e-Shastra, our official e-magazine.

A tentative activity plan for the whole year has been chalked out and the highly enthusiastic EC team is working towards effectively executing the same. We seek the wishes and request the support of all the esteemed Members of the Association.

e-Shastra, more than just surgery - our official e-magazine is aimed at showcasing the academic and scientific activities of its Members and branches, Consultants and Post Graduate students along with throwing light on the hobbies of our surgeons apart from surgery. This edition of e- Shastra along with the branch activities focuses on the following:

1. City branch activities
2. Feathered and fabulous- photography section
3. Tribute to the Guru- Prof C R Ballal
4. Wise trips- Travel blog on Kumbh mela
5. Fraternal awareness programme on Documentation
6. Article on doctor patient relationship
7. 25 years legacy- Manipal Manual of Surgery
8. Poetry and Extended family section

Article on MMS is close to my heart as I have completed my surgery course reading the book. This compilation has been possible with the support of all the members of KSCASI who have given their contribution and the people who have helped me in editing the magazine. I would like to extend my gratitude to Chairman Dr Rajgopal Shenoy sir, Secretary Dr Sarvesha Raje Urs, Chairman Elect Dr Naaz and Dr Preethi who have helped me to shape this magazine. This is a wonderful platform for all of us to exhibit and showcase our scientific knowledge, talent, achievements and also to know more about each other. So, let's contribute and share our knowledge and experiences for the betterment of our fraternity.

With Warm Regards,

Dr Savitha Karlwad

Editor – e-Shastra



KSCASI CALENDER OF EVENTS 2025



February

| Date | Activity  | In-charge |
|------|---|-----------|
| 16th | Inducted as chairman and with EC for 2025-2026 - 1st EC Meeting | -         |
| 27th | 2nd EC Meeting  | Virtual   |

March

| Date | Activity                           | In-charge                            |
|------|------------------------------------|--------------------------------------|
| 6th  | HOD Meeting (8-9 PM)               | -                                    |
| 13th | PG Clinics (8-9:30 PM)             | Dr. Srinivas Pai / Dr. Gurushantappa |
| 25th | City Branch Meeting (8:30-9:30 PM) | -                                    |
| 27th | KSC SURGEONS Time (8-9:30 PM)      | Dr. Srinivas Pai                     |

April

| Date | Activity  | In-charge                                     |
|------|---|---|
| 6th  | Rural Health Awareness Camp (Hunsur)              | Dr. Sarvesha Rajee Urs and Mysore City Branch |
| 10th | PG Clinics (8-9:30 PM)                            | Dr. Shilpa Suresh / Dr. Ishwar Hosmani        |
| 24th | KSC SURGEONS Time (8-9:30 PM)                     | Dr. Shilpa Suresh / Dr. Ishwar Hosmani        |
| 27th | Visit to Raichur - 45th KSC Conference Discussion | -   |

May

| Date | Activity                                    | In-charge   |
|------|---|---|
| 1st  | Provisional Talent Search (Online)          | -   |
| 4th  | Medico Legal Awareness Workshop (Shivamoga) | Dr. Harsha GV, Dr. Suresh BP, Shivamoga City Branch |
| 8th  | PG Clinics (8-9:30 PM)                      | Dr. Sunil Joshi / Dr. DR Srikar Pai                 |
| 15th | Virtual EC Meeting - Midcon Meet 2          | -   |
| 22nd | KSC SURGEONS Time (8-9:30 PM)               | Dr. Sunil Joshi / Dr. Sangamesh BT                  |
| 29th | EC Meeting (Virtual)                        | -   |

June

| Date      | Activity                       | In-charge                    |
|-----------|--------------------------------|------------------------------|
| 12th      | PG Clinics (8-9:30 PM)         | Dr. Preethi / Dr. Savitha    |
| 15th-22nd | Surgeons Day Week Celebrations | Dr. H. V. Shivaram & EC Team |
| 26th      | KSC SURGEONS Time (8-9:30 PM)  | Dr. Preethi / Dr. Naaz       |

July

| Date | Activity                      | In-charge                                 |
|------|-------------------------------|---|
| 10th | PG Clinics (8-9:30 PM)        | Dr. Ananda Ravi / Dr. Gurubasavanna Gouda |
| 24th | KSC SURGEONS Time (8-9:30 PM) | Dr. Ananda Ravi / Dr. Venkatchala         |
| 31st | EC Meeting - Midcon           | -   |

August

| Date     | Activity   | In-charge   |
|----------|--|---|
| 9th-10th | MIDCON Mangalore                                 | Dr. Likith Rai / Dr. Narayan Hebsur / Dr. Chandrashekar N |
| 28th     | Finances/GST/Taxation for KASICON (8:30-9:30 PM) | Dr. Dinesh / Dr. Byakodi / Dr. Nagaraja Bhalki            |

September

| Date      | Activity                       | In-charge   |
|-----------|--------------------------------|---|
| 9th       | EC Meeting Virtual - ASICON-26 | -   |
| 11th      | PG Clinics (8-9:30 PM)         | Dr. Ashfaqe Muhammed / Dr. S. S. Prasad   |
| 19th-21st | Rural Surgery Camp at Dandeli  | Dr. Mohan Patil / Dr. K. Raigopal Shenoy / Dr. Naaz / Dr. Sarvesh Rajee Urs / Dr. Gurubasavanna Gouda |
| 25th      | KSC SURGEONS Time (8-9:30 PM)  | Dr. Gurubasavanna Goud / Dr. Diwakar Gaddi  |

October

| Date      | Activity                         | In-charge   |
|-----------|----------------------------------|---|
| 9th       | PG Exam Preparations (8-9:30 PM) | Dr. Godhi / Dr. Chandrashekar N / Dr. Vidhyadhar Kirhal |
| 17th-19th | World Trauma Day                 | Chairman and Team                                       |
| 23rd      | KSC SURGEONS Time (8-9:30 PM)    | Dr. Rajashekar Jaka / Dr. Lakshman                      |

November

| Date       | Activity                      | In-charge                           |
|------------|-------------------------------|-------------------------------------|
| 1st or 2nd | ASICON-26                     | -                                   |
| 11th       | EC Meeting Virtual            | -                                   |
| 13th       | PG Clinics (8-9:30 PM)        | Dr. Sangamesh BT / Dr. Gopinath Pai |
| 27th       | KSC SURGEONS Time (8-9:30 PM) | Dr. KL Venkatesh / Dr. Ananda Kumar |

|                                       |  |   |
|---------------------------------------|--|---|
| ACADEMIC COMMITTEE                    | DR PREETHI S P<br>DR SRINIVAS PAI                      | Responsible for organizing academic programmes, PG quiz, Conferences,       |
| WEBSITE & ASI COORDINATION            | DR SHILPA HUCHANNAVAR<br>DR SANGAMESH                  | Tasked with maintaining KSCASI website & coordinating with ASI headquarters |
| RURAL CAMPS & SOCIAL SERVICE          | DR V ANANDKUMAR<br>DR B N ANANDIRAVI                   | Will look after the surgical camps & outreach programs                      |
| LEGAL AWARENESS & SUPPORT             | DR HARSHA G V  | To address medicolegal concerns & provide guidance to members               |
| BYLAWS REVIEW COMMITTEE               | DR ARVIND PATEL<br>DR CHANDRASHEKAR N<br>DR HARSHA G V | Will evaluate & propose amendments to KSCASI bylaws                         |
| SURGEONS DIRECTORY & MEMBERSHIP DRIVE | DR PREETHI S P   | Tasked with updating the directory & promoting membership enrollments       |
| CITY BRANCH COORDINATION              | DR SANGAMESH<br>DR SUBHASH JOSHI                       | To facilitate communication with city branches                              |
| FAMILY MEET ORGANIZING COMMITTEE      | DR SUNIL JOSHI<br>DR SANGAMESH                         | Responsible for organizing an inclusive family event                        |

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## KSCASI UPCOMING EVENTS

**KSCASI-MIDCON 2025**  
 HOSTED BY: ASI SOUTH KANARA CITY BRANCH IN ASSOCIATION WITH  
 KANACHUR INSTITUTE OF MEDICAL SCIENCES  
 Venue: Kanachur Institute of Medical Sciences, Mangalore  
 Dates: 09th & 10th August 2025

**WELCOME TO KSCASI-MIDCON 2025**  
 The 8th Mid-Year Conference of Karnataka State Chapter of Association of Surgeons of India  
 Dates: 9th & 10th August 2025 (Saturday & Sunday)  
 Venue: Kanachur Institute of Medical Sciences, Mangalore  
 Hosted by: ASI South Kanara City Branch

| Category | Early Bird (Till 30th April) | Till 30th June | From July 1st | From July 16th (Spot) |
|----------|------------------------------|----------------|---------------|-----------------------|
| PG       | 1750                         | 2000           | 2250          | 3000                  |
| ASI      | 1750                         | 2500           | 2750          | 3000                  |
| Non ASI  | 1750                         | 2750           | 3000          | 3000                  |

For Technical Details and Support:  
 Mr. Martin: 7022365837  
 Conference Secretariat Details:  
 Dr. Likhith Rai - Organizing Secretary  
 Dept. of General Surgery, Kanachur Institute of Medical Sciences, Natekal, Mangalore  
 575018  
 Contact: 9535433212  
 For more information, visit: [www.kscasi.com](http://www.kscasi.com)

**ASICON 2025 KOLKATA**  
**SURGICAL BRILLIANCE MEETS BENGAL'S HERITAGE!**

SCAN/CLICK TO REGISTER

**CONFERENCE HIGHLIGHTS**  
 SCIENTIFIC SESSIONS, LIFE OPERATIVE WORKSHOP, PAPER/POSTER PRESENTATIONS, SKILL COURSE, KEYNOTE ADDRESSES, ORATIONS

THE ORGANISING COMMITTEE  
**ASICON 2025**  
 Dr. Mahan Lal Saha (Organizing Chairperson), Dr. Diptendra Kumar Sarkar (Organizing Secretary), Dr. Sandip Ray (Treasurer)

**ASICON 2025 Kolkata Registration**

| Category                    | Special Discount during ASICON 24 | Early Bird (upto 28 <sup>th</sup> Feb) | First SAb (upto 31 <sup>st</sup> July) | Second SAb (upto 30 <sup>th</sup> Sep) | Third SAb (upto 30 <sup>th</sup> Nov) | SPOT  |
|-----------------------------|-----------------------------------|--|--|--|---------------------------------------|-------|
| AS member                   | 7000                              | 9500                                   | 10500                                  | 11500                                  | 12500                                 | 14500 |
| AS non-member               | 9500                              | 11500                                  | 12500                                  | 13500                                  | 14500                                 | 16500 |
| PET AS member               | 6000                              | 7500                                   | 8500                                   | 10000                                  | 11000                                 | 13000 |
| PET AS non-member           | 8000                              | 9500                                   | 10500                                  | 11500                                  | 12500                                 | 15000 |
| Accompanying person (max-2) | 7000                              | 9500                                   | 10500                                  | 11500                                  | 12500                                 | 14500 |
| Banquet                     | 2500                              | 3000                                   | 3500                                   | 4000                                   | 4500                                  | 6000  |
| Workshop                    | 2750                              | 2750                                   | 3300                                   | 3850                                   | 3850                                  | 4400  |
| Foreign National            | 7000                              | 9500                                   | 10500                                  | 11500                                  | 12500                                 | 14500 |

\*Please note that 18% GST will be applicable over the above rates

**85<sup>TH</sup> ANNUAL CONFERENCE**  
 The Association of Surgeons of India (ASI)  
 Biswa Bangla Convention Centre, New Town, Kolkata, 17th December - 20th December, 2025

[WWW.MIDCON.KSCASI.COM](http://WWW.MIDCON.KSCASI.COM)

[WWW.ASICON2025.COM](http://WWW.ASICON2025.COM)

**2026 KSCASICON**  
 Expertise, Experience, Excellence  
 44th Annual Conference  
 Karnataka State Chapter of Association of Surgeons of India

13th, 14th, 15th February, 2026  
 VENUE: Auditorium, RIMS Campus, Hyderabad Road, Raichur - 584102

HOST: Association of Surgeons of India Raichur Branch in association with Department of General Surgery, RIMS, Raichur

"Advancing with Techniques and Science, Continuing with Concepts and Conscience"

**REGISTRATION FEE**

| CATEGORY            | EARLY BIRD FEB 1 - JULY 31 | AUGUST 1 - DECEMBER 31 | DECEMBER 31- SPOT REGISTRATION |
|---------------------|----------------------------|------------------------|--------------------------------|
| PGS                 | ₹5500                      | ₹6000                  | ₹6500                          |
| ASI MEMBERS         | ₹6000                      | ₹7000                  | ₹8000                          |
| RC MEMBERS          | ₹11000                     | ₹11000                 | ₹12000                         |
| Non-ASI MEMBERS     | ₹6500                      | ₹7500                  | ₹8500                          |
| Accompanying person | ₹5000                      | ₹5000                  | ₹5000                          |

NOTE: Fees include of GST

QR Code:

Bank Name: STATE BANK OF INDIA  
 Branch: RIMS Branch  
 Account Name: THE ASSOCIATION OF SURGEONS OF INDIA  
 A/c. No. 00000043307696679  
 IFSC: SBIN0021191

**KINDLY REGISTER TO ALL THE UPCOMING EVENTS. DELEGATES PRESENCE ADDS TO THE SUCCESS OF THE EVENTS.**



Jan - March 2025



## KSCASI STATE CHAPTER ACTIVITIES KSCASICON -2025



**KSCASICON -2025 was held in Mysore at JK grounds from 14th February to 16th February with Preconference workshop on 13th February**

### SECRETARY'S REPORT

43rd Annual conference of KSCASI (KSCASICON-2025) was held in Mysore hosted by Surgical society of Mysore and ASI Mysore city chapter in association with MMCRI and JSS medical College from 14th to 16th February 2025 with Preconference Upper GI Endoscopy workshop on 13th February. Conference venue was platinum jubilee Auditorium, J K grounds, Mysore.

**TOTAL REGISTERED DELEGATES -780** including Faculty members About 69 Delegates register Online to view live conference 13th February - Preconference Workshop on Endoscopy The preconference workshop on endoscopy commenced at 8:00 AM, with 15 registered candidates eager to enhance their expertise in the field. The session was meticulously coordinated by renowned resource persons Dr. G Siddesh, Dr. Bhaskar M M, and Dr. Raghuvver M N, with generous support from Olympus.

The workshop encompassed in-depth discussions on indications for endoscopy, practical hands-on sessions, and a series of insightful lectures addressing potential complications and their management. Participants had the opportunity to engage in simulated practice using mannequins, followed by a live demonstration utilizing pig models, enhancing their understanding of the practical aspects of endoscopy.

The formal inauguration was held at 11:00 AM, graced by the esteemed presence of Dr. G Siddesh, Dr. H N Dinesh, Dr. S Chandrashekar, Dr. Sarvesha Raje Urs A S, Dr. Bhaskar M M, Dr Raghuvver M N and representatives from Olympus. Their presence underscored the importance of continued education and hands-on skill development in the field. This workshop continued for the 2nd day with hands on training on patients. The productive day concluded with a faculty dinner at Hotel Sandesh, providing an opportunity for informal discussions and networking among experts and participants.

#### **DAY 1- 14th February - TS Jayaram Memorial CME**

The day commenced with the registration process and Breakfast from 8:00 AM to 9:00 AM, ensuring a seamless start to the much-anticipated TS Jayaram Memorial CME at 9:00 AM.

At 11:00 AM, the official scientific program inauguration took place and it was inaugurated by ASI President with other office bearers of KSCASI and SSM, followed by the distinguished TS Jayaram Memorial Lecture on "Be a champion surgeon" delivered by the ASI President, Dr. Pravin R Suryawanshi. The session provided profound insights into the advancements and emerging trends in surgery.

Subsequently, at 12 PM, the S R Kaulgud Endowment Lecture on "Evolution of department and Expertise in government sector" was presented by Dr. Nagesh N S, the esteemed Founder Director of IGOT, Bengaluru. His discourse illuminated critical aspects of surgical education and professional development.

Subsequently about 20 more lectures including video sessions were delivered by renowned faculties from across the country with expertise in the subject over many years.

The day culminated with the grand inaugural function at 5:30 PM, presided by the Chairman of KSCASI -Dr. Narayanachandra I Hebsur, and Dr Pravin R Suryawanshi as a Chief guest and Dr. G Siddesh as a guest of honour. The occasion featured the felicitation of esteemed orators and senior surgeons, recognizing their invaluable contributions to the field. The formal proceedings concluded with a convivial welcome dinner at MMC Platinum Jubilee Auditorium, J.K. Grounds, Mysuru, fostering camaraderie among attendees. During the event Former KSCASI Presidents were honoured. Also there was a cultural programs performed by MMCRI College Music Band.

#### **DAY 2 -15th February - Scientific Sessions and Annual General Body Meeting**

The day commenced with an enriching visit to Chamundi Hill, meticulously arranged by the organizing committee, offering attendees a blend of cultural and scenic experience.

Following this, the event transitioned into a series of engaging orations including Prof. H.S Bhat Oration on "Surgery, Surgeon, and society stress and de-stress" by Dr, Arvind Patel and Prof. A J Narendran Oration on "Evolution of treatment landscape of Carcinoma Stomach" by Dr.Dinesh H N . This is followed by the much-awaited presentation of award-winning posters and papers (Surgical Society of Mysore PG Award Paper, Prof. Mahadevan Award Paper Presentation, Vijayanagar Rural Surgeons award paper) showcasing groundbreaking research and innovative approaches.

Concurrently, postgraduates and delegates presented their free papers and posters in designated halls, providing a platform for knowledge exchange and professional growth.

A significant highlight of the day was the Annual General Body Meeting headed by Dr. Narayanachandra I Hebsur, Dr. Chandrashekar N and Dr. Rajashekar C Jakka, wherein key discussions were held, and elections were conducted to determine future leadership.



Jan - March 2025



## KSCASI STATE CHAPTER ACTIVITIES KSCASICON -2025



### SECRETARY'S REPORT

The evening concluded on a celebratory note with a grand banquet at Mysore Union, allowing more than a thousand of attendees including faculties and delegates to unwind and reflect on the knowledge and experiences gained during the event, which was also became more colourful with renowned artist Naveen Sajju's musical concert.

#### Day 3- 16th February: Final Sessions and Valedictory Ceremony

The concluding day featured additional orations including the Prof. M P Pai Oration on "Art of communication in current day practice Begs for a change over" by Dr. Sriram Bhat and the Prof. S S Narasanagi Oration on "The healing touch of a surgeon- not a myth" by Dr. Kalaivani V, further enriching the knowledge-sharing experience for all participants.

An added highlight was the opportunity for delegates to explore the meticulously curated art gallery, which exhibited an array of art and craft pieces created by members, celebrating the creative expressions within the medical fraternity.

The event culminated with the valedictory ceremony, during which outstanding papers and posters were formally recognized and awarded, acknowledging the dedication and excellence of contributors. The highlight of conference – This is the First AI enabled surgical conference in India and as per the assurance given the pre and Post conference Tour programs were organised and was utilised by many delegates.

The three-day event successfully provided an invaluable platform for academic enrichment, skill enhancement, and professional networking, leaving a lasting impact on all attendees.



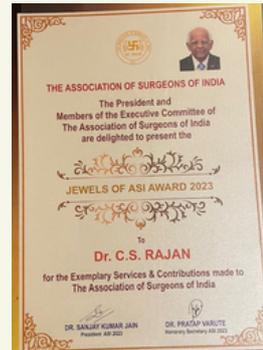
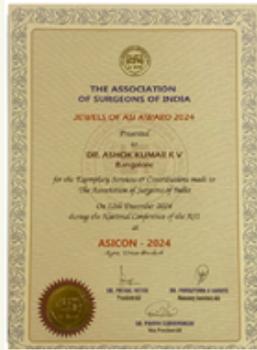


# ASI JEWELS



## DR ASHOKKUMAR K V

## DR C S RAJAN



Professor Ashok Kumar K.V. is a pioneer of Surgical Gastroenterology (SGE) in Karnataka, credited with establishing the state's first dedicated SGE Department at Victoria Hospital, Bangalore Medical College, in 1992. Under his visionary leadership, the department launched Fellowship (2005), DNB (2007), and MCh (2009) training programs at BMCRI & Fellowship (2022) DrNB SGE (2023) & MCh SGE & MCh HPB (2024) at Institute of Gastroenterology Sciences & Organ Transplantation - thereby creating a strong foundation for future GI surgeons.

Prof KVA, trained at Tata Memorial Hospital and several international centres, introduced laparoscopic surgeries, staplers, shunt procedures, and was instrumental in starting liver transplantation programme in PMSSY Superspeciality hospital. Over a 50-year career, he held key positions including Medical Superintendent of Victoria Hospital, Syndicate Member of RGUHS, and assessor for MCI and NBE. He has about 80 publications in various National & International journals.

Prof KVA has delivered multiple prestigious orations like Prof M. Adhikeshavulu, Prof Narendran, Prof B Hanumaiah & Prof HS Bhat to name a few. He has served as President of the Surgical Society of Bangalore, Chairman of KSCASI, and Governing Council Member of ASI. Even after retirement, he continues to teach as Emeritus Professor at IGOT and chairs NSGE Update and BSSG.

Prof KVA received multiple honours & accolades some of which include "Lifetime Achievement Award" by Union Health Minister, Chief Minister of Karnataka. He was honoured as "Emeritus Professor" by RGUHS. The ASI proudly confers on him the Jewels of ASI Award 2024.

Dr C S Rajan is known for his caring and methodical delivery of General Surgical and Thoracic Surgical care in an urban Mission Hospital in Bengaluru. Besides this, he has made himself known for his interest in Surgical Teaching. He became a fluent teacher and his bed side clinics were very popular and crowded. As a Mentor, he has initiated scores of young surgeons into proper and correct basic surgical techniques. In the year 2000, he ventured into the use of Quiz as a tool of information transfer, and for the next 23 years, his Surgical Quiz shows have become a stand out event at CMEs across the State and Country. He has been an Inspector and Examiner for the National Board. He received the coveted NBE 'Teacher of Excellence' Award in 2022. He has over 30 publications, of which 8 are indexed. He has delivered 7 Orations. He has authored a useful book for surgical post graduates, called, 'Fact & Fun in Surgery, a Companion to Surgical Study'. He has also held leadership posts in Local, State and National bodies of the Association of Surgeons of India. The KSCASI 'Midcon' is his brainchild.

It is for his ever smiling nature, and strong eagerness to teach and guide the younger generation of surgeons, that the President, and all the members of the ASI, honoured Dr C S Rajan, with the "Jewel of ASI" award, at ASICON 2023, at Vishakapatnam.





Jan - March 2025



## KSCASI STATE CHAPTER ACTIVITIES



### POSTGRADUATE CLINICS

Post graduate clinics was conducted by Karnataka State Chapter of the Association of Surgeons of India (KSCASI)\*on Thursday, 13th March 2025

#### Presentations:

- ◆ Mass abdomen– Dr. Shashishekar, Postgraduate, SDM University, Dharwad
- ◆ Thigh swelling– Dr. Nagraj, Postgraduate, SDM University, Dharwad

#### Moderator:

- ◆ Prof. Prashant Tubachi, SDM University, Dharwad

#### Examiners:

- ◆ Prof. Gurushantappa Yalagachin – Principal & HOD of Surgery, KMCRI, Hubballi
- ◆ Prof. Shrishail Metgud – HOD of Surgery, JNMC, Belagavi

**KARNATAKA STATE CHAPTER  
ASSOCIATION OF SURGEONS OF INDIA**  
INVITES YOU TO  
**POSTGRADUATE-CLINICS**

**Thursday**  
13th March, 2025

**Start At**  
08:00pm Onwards

**MODERATOR:**  
PROF. PRASHANT TUBACHI,  
SDM University, Dharwad.

**TOPIC:**  
**MASS ABDOMEN**  
BY DR. SHASHISHEKAR  
Postgraduate, SDM University, Dharwad

**TOPIC:**  
**THIGH SWELLING**  
BY DR. NAGRAJ  
Postgraduate, SDM University, Dharwad

**EXAMINERS:**  
**PROF. GURUSHANTAPPA YALAGACHIN**  
Principal and Head of Department of Surgery,  
KMCRI, Hubballi.

**PROF. SHRISHAIL METGUD**  
Head of Department of Surgery,  
JNMC, Belagavi

**ACADEMIC COMMITTEE**  
• DR. B SRINIVAS PAI  
• DR. PREETI SP

**Dr. Rajgopal Shenoy K**  
Chairman KSC-ASI

**Dr. Sarvesha Raje Urs A.S**  
Hon. Secretary KSC-ASI

**Dr. Gurubasavana Gouda Y**  
Treasurer KSC-ASI

**Dr. Naaz Jahan Shaik**  
Chairman Elect KSC-ASI

**Zoom** Meeting ID: 831 5845 6112 | Passcode: kscasi



### KSCASI SURGEONS TIME

was conducted by Karnataka State Chapter of the Association of Surgeons of India on 27<sup>th</sup> March 2025

#### “TIPS AND TRICKS OF ADVANCED LAPAROSCOPIC SURGERY”

#### Moderator:

Dr H V Shivaram

#### Faculty:

Dr Ganesh Shenoy K

1. Laparoscopic resection of left sided colon cancer
2. Giant Ventral Hernia: the ETEP approach

**KARNATAKA STATE CHAPTER OF  
ASSOCIATIONS OF SURGEONS OF INDIA**  
INVITES YOU TO  
**Faculty Case Presentation**

**Thursday**  
27th March, 2025

**Start At**  
08:00pm Onwards

**MODERATOR**  
**DR. H .V. SHIVARAM**

**SPEAKER**  
**DR GANESH SHENOY K**

**Topics:**  
**Tips and tricks in advanced laparoscopic surgery**  
**1. Laparoscopic resection of left sided colon cancer**  
**2. Giant Ventral hernia : the ETEP approach**

**Dr. Rajgopal Shenoy K**  
Chairman KSC-ASI

**Dr. Sarvesha Raje Urs A.S**  
Hon. Secretary KSC-ASI

**Dr. Gurubasavana Gouda Y**  
Treasurer KSC-ASI

**Dr. Naaz Jahan Shaik**  
Chairman Elect KSC-ASI



## BANGALORE CITY BRANCH



### MONTHLY CME HOSTED BY ST MARTHAS HOSPITAL ON 22 JANUARY 2025 AT API BHAVAN

135 members attended this meeting from various teaching, non teaching Hospitals & Nursing homes from across Bangalore City.

The Monthly Clinical Meeting consisted of the following Programs

1. CASE PRESENTATION : "Thoracic Surgery For General Surgery PGs" by DR. C. S. RAJAN Faculty of ST MARTHAS HOSPITAL-Bengaluru
2. POSTER PRESENTATIONS
3. SURGICAL CANAPES – by DR PREM KUMAR A
4. SCIENTIFIC PAPER PRESENTATIONS



**SURGICAL SOCIETY OF BANGALORE ASICC (R)**  
ಸರ್ಜಿಕಲ್ ಸೊಸೈಟಿ ಆಫ್ ಬೆಂಗಳೂರು

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**C MEMBERS - 2025**

Shasath Krishna  
Sampangi Raju  
Sai Harish M  
Manjunath N M L  
Anant Kumar  
Suniltha Bhagya Kumar  
Revindra G  
Vishnu Kurpad  
Sudh Kumar Alur  
Visham S Rishithi  
Om Premraj  
Devaprashanth M  
Ravishankar H R  
Hemrajith Rao K  
Anus David  
Muzamil Pasha  
Shashidhar Naik C  
Bhaskar M  
Sagar Z  
Bhanu B  
Hemant H Chalige  
Prakash H  
Tatishih G  
Deevish N D

**Office Members**  
In Past President  
Rajashankar C Jakk  
In Past Secretary  
Munireddy M V

**EC Member**  
HV Shivaram  
**Scientific Advisor**  
K Lakshman

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**Dear Doctor,**

You are invited for the First Monthly Clinical Meeting of the Year 2025

**DATE: - Wednesday 22nd JANUARY 2025**

**HOST: - ST MARTHAS HOSPITAL**

**VENUE: - API Bhavan, 98/99, Thakur Road Road, Vasanthika Nagar, Bengaluru**

**6:00PM to 6:45PM - Postgraduate Teaching Programs:**

Topic: "THORACIC SURGERY FOR GENERAL SURGERY PGs" by Dr. C.S.Rajan

**6:45PM to 7:30PM - POSTERS**

| Sl | TOPIC   | PRESENTERS                |
|----|---|---------------------------|
| 1  | BYGONE NOT BYGONE - THE TORMENT OF FORGOTTEN CBD  | DR. NANDAN HEGDE          |
| 2  | SEGMENTAL ABSENCE OF INTESTINAL MUSCULATURE - RARE CASE OF MIDGUT INTESINAL OBSTRUCTION | DR. NANCY FLORENCE        |
| 3  | HOLD YOUR BREATH: THE TRAGIC TALE OF A TOOTH FAIRY                                      | DR. SUBBA REDDY MALLALA   |
| 4  | COLORECTAL PROXIMAL FOCAL IMPACT AND INTESTINAL OBSTRUCTION                             | DR. SOMASHEKAR SOMASHEKAR |
| 5  | HIDDEN FROM THE DOGGENS: CASE OF RICE WIPROSCOLE  | DR. HARIKISHAN REDDY      |
| 6  | LAYING LOW TIL OBSTRUCTED - ADULT MIDGUT MALROTATION                                    | DR. PALLAVI AGRWAL        |
| 7  | TOOT AN EARFUL (OFF FLESH) KIMURA DISEASE   | DR. MOJIB PHASAD          |
| 8  |   | DR. NIMA SURESH           |

**7:30PM to 8:45PM - SURGICAL CANAPES - DR PREM KUMAR A**

**8:45PM to 9:45PM - SCIENTIFIC PAPERS**

| Sl | TOPIC   | PRESENTERS                |
|----|---|---------------------------|
| 1  | TECHNIQUE OF VIDEO LIGATION IN CHILDREN: ADVISING PEDIATRIC WITH MANAGEMENT                 | DR. HARIKISHAN REDDY      |
| 2  | FROM 8 TO 14: FOR PARARECTAL HERNIA   | DR. SOMASHEKAR SOMASHEKAR |
| 3  | WOUND HEALING: OUR EXPERIENCE IN THE TREATMENT OF LOWER LIMB WOUND HEALING - OUR EXPERIENCE | DR. NANDAN HEGDE          |
| 4  | EMBOLECTOMY   | DR. PALLAVI AGRWAL        |
| 5  | MINIMAL INVASIVE: STILL A CHALLENGE!  | DR. SUBBA REDDY MALLALA   |
| 6  | OUTCOMES OF CONCOMITANT LATERAL INTERNAL SPHINCTEROTOMY DURING OPEN HAEMORRHOIDECTOMY       | DR. AJAY CHANDRAN         |

**8:45PM onwards: Announcements, Prizes & National Anthem, followed by Dinner**

Note: - Kindly Encourage Postgraduates from your department of Surgery to Attend & Reach The Venue 15mins

Dr. Prem Kumar A, President, SSBASICC  
Dr. Sreekar Pai A, Hon Secretary, SSBASICC

www.ssbasicc.org  
1st Floor, IMA House, Aler Venkatesa Rao Road, Bengaluru - 560 018,  
Telephone: 080 2878667 / 92331 0642 Email: sbsasicc97@gmail.com

### MONTHLY CME HOSTED BY SATHAGIRI INSTITUTE OF MEDICAL SCIENCES R C & M V J MEDICAL COLLEGE RESEARCH HOSPITAL ON 19TH FEBRUARY 2025 AT API BHAVAN

155 members attended this meeting.

The Monthly Clinical Meeting consisted of the following Programs

1. CASE PRESENTATION : "Case of a 83-Year-old female presenting with chronic ulcer over the right nipple" by Faculty's : Dr. Sheetal Reddy & Dr. Santoshi Pasar
2. POSTER PRESENTATIONS
3. SURGICAL CANAPES – by DR PREM KUMAR A
4. SCIENTIFIC PAPER PRESENTATIONS

### MONTHLY CME HOSTED BY MANIPAL HOSPITAL ON 19TH MARCH 2025 AT GBR Hall-Capitol Hotel, Bengaluru

200 members attended this Monthly Meeting .

The Monthly Clinical Meeting consisted of the following Programs

1. CASE PRESENTATION: "OPERATIVE VIDEO DEMONSTRATION AND DISCUSSION ON THYROIDECTOMY, PAROTIDECTOMY AND NECK DISSECTION TECHNIQUES" Speaker: Dr. Manjunath N M L - Surgical Oncology
2. Lecture on "ADVANCEMENT IN HERNIA SURGERY: EXPLORING CUTTING – EDGE TECHNIQUES AND INNOVATIONS" Speaker : Dr Sumit Talwar – General & Minimal Access Surgery
3. POSTERS
4. SCIENTIFIC PAPER PRESENTATIONS





## BANGALORE CITY BRANCH



### ON OCCASSION OF CANCER AWARENESS MONTH

Walkathon and free surgery camp was arranged by SSB



Walkathon Cancer Awareness by Dr Prem on 4th February, 2025

SURGICAL SOCIETY OF BANGALORE ASSOCIATION OF SURGEONS OF INDIA CITY CHAPTER



Dr. K Lakshman conducted free surgery at BBMP hospital on behalf of SSB ASICC





## HUBALLI CITY BRANCH



### ON OCCASSION OF CANCER AWARENESS MONTH

ASI – Hubli Dharwad city branch conducted many activities

#### ▶▶▶ RADIO TALK ON KLE DHWANI

World Cancer Day was conducted on 4th February 2025 by ASI-HD branch with the aim to spread awareness and educate people about cancer prevention and early detection.

A radio talk on KLE Dhvani was relayed by ASI HD President Dr. Shilpa Huchchannavar & Dr. Shilpa Chatni, Consultant Head & Neck Surgeon, on breast and oral cancer awareness.



#### ▶▶▶ MANY CAMPS ON CANCER AWARENESS WERE CONDUCTED

On 7th, 8th, 9th, 10th of February ASI-HD city branch in association with KCTRI - Karnataka Cancer Therapy and Research Institute and KMCRI Hubli screened around 400 female employees of NWKRTC for breast and cervical cancer. Along with KSG-MEWA (Karnataka State Government – Muslim Employee Welfare Association) 100 females were screened for breast cancer.



#### ▶▶▶ INTERNATIONAL WOMEN'S DAY CELEBRATION

Walkathon conducted on 8th March from KMCRI college building to honor the spirit of womanhood. Dr. Asha Deshpande had the honor of flagging off the walkathon.



“Cancer Screening and awareness with general health check up” camp for woman staff of Income Tax department Hubli Dharwad conducted on 11th March.



#### ▶▶▶ TALK ON “MODERN BREAST SURGERY WITH RECONSTRUCTION IN SMALL TOWNS”

Delivered by Guest Speaker, Dr. Sharad Desai, President of Indian Association of Surgical Oncology. The programme was a huge success with more than 100 surgeons attended the talk.



#### ▶▶▶ CME ON “INTERDISCIPLINARY SURGEONS AND ANAESTHETIST MEET”

ASI-HD, ISA-HD and HDOGS cordially invite for a CME "Interdisciplinary Surgeons and Anaesthetists Meet"

| Sl. No. | TOPIC  | ORATOR/ MODERATOR      | COOPERATION/ FACILITATOR  | Time     |
|---------|--|------------------------|---|----------|
| 1       | Preoperative Fasting Guidelines              | Dr. Madhavi Katti      | Dr. Chandrashekhara Yelamkoti and Dr. Hanumanthappa Mahabadi  | 08:30 am |
| 2       | Preoperative Investigations and optimization | Dr. Rameshwar Kulkarni | Dr. P. Prasad, Dr. Venkatesh Reddy, Dr. Prasad, Dr. Anand Prasad, Dr. Ramesh Prasad, Dr. Anand Prasad | 10:00 am |

Venue: IMA Hall, Hubli. Date: 15/03/25 at 8PM

Conducted on 15-03-2025 association with ISA - HD (Indian Society of Anesthesiologists) and HDOGS - CME “interdisciplinary Surgeons and Anaesthetist Meet” on Pre operative investigations and fasting guidelines.



Jan - March 2025



## SHIMOGA CITY BRANCH



### MONTHLY CME PROGRAMME

Was conducted on 16th January 2025 sponsored by SNH, at Sai international Hotel, Shimoga. Induction of new office bearers was done.

Topics of the CME :

1. “Interventional endoscopic ultrasound” by Dr Shivakumar Medical Gastroenterologist SNH
2. “Contemporary management in Oral cancers” by Dr vivek Surgical oncologist SN



### MONTHLY CME PROGRAMME

Was conducted on 19<sup>th</sup> March 2025 at Hotel Jewel Rock.

Topic of the CME :

- “Constipation and Anorectal disorder” by Dr. Parameshwara C.M.

48 members attended the program.





## MYSORE CITY BRANCH



### MONTHLY CME PROGRAMME

SSM ASI Mysore city chapter in association with Clear medi health, Mysore conducted CME on 29.1.25 at Hotel Le Ruchi, Hunsur road.

Dr.Naveen kumar, Surgical oncologist spoke on **Surface peritoneal malignancy**.

Dr.Kiran kumar , Urologist, spoke on **Management of Urolithiasis**, 680 members attended the program.



## HASSAN CITY BRANCH



### MONTHLY CME PROGRAMME

KSC ASI Hassan and Chikkamagalore city branch conducted CME in association with Apollo BGS hospital Mysore on 30-1-25 at hotel Southern star, Hassan

Dr.Rajkumar Wadhwa spoke on Double balloon enteroscopy,

Dr.Aathira Ravindranath spoke on Intresting cases in Paediatric gastroenterology.

ASI Karnataka state chapter  
Hassan & Chikmagalur branch  
in Association with  
Apollo BGS Hospitals, Mysuru  
Cordially invites you for a Apollo Knowledge Series

| Topic:  | Speaker :  |
|---|--|
| Double balloon enteroscopy                          | Dr. Rajkumar P. Wadhwa<br>Chief Gastroenterologist & Head of the Department of<br>Institute of Gastroenterology,<br>Apollo BGS Hospitals, Mysore |
| Interesting cases in<br>Paediatric Gastroenterology | Dr. Aathira Ravindranath<br>Consultant Paediatric Gastroenterologist<br>Apollo BGS Hospitals, Mysore   |

Date: 30/01/25, Thursday | Time: 8:30 pm onwards  
Venue: Hotel Southern Star, Hassan

Warm Regards

|                                  |                                 |                            |
|----------------------------------|---------------------------------|----------------------------|
| Dr. Manjunath A. S.<br>President | Dr. Palachandra A.<br>Secretary | Dr. Lokesh K.<br>Treasurer |
|----------------------------------|---------------------------------|----------------------------|

Followed by dinner  
RSVP : Girish - +91 97397 88935



Jan - March 2025



## KALABURAGI CITY BRANCH



### CME AND LIVE OPERATIVE WORKSHOP

KSC ASI Kalaburagi city branch in association with Department of Surgery Khaja Bandenawaz University on 9-3-2025 conducted workshop on "Endosurgery Revisited" wonders through Keyhole. Topics were exclusive, to include General Laproscopic surgeries and Urology, with Live operative sessions. Dr Vijay C Bada, Dr Srinivas Gutta, Dr. Basheer and many Kalaburagi city branch faculties participated.

During inauguration Chairman, KSC ASI Dr. Rajgopal Shenoy's Video recorded message shown/displayed.

Books worth 4000/ were given to Department of General Surgery by CBS publication, New Delhi.

More than 100 delegates Members, HODs, staffs PGs from 4 Medical colleges attended the workshop.

Dr. Sunil Joshi spoke on benefits of being a ASI member, Dr. Sangamesh conducted the Quiz for postgraduates. Both represented the KSC ASI.



## VIJAYAPURA CITY BRANCH

### ON OCCASION OF CANCER AWARENESS MONTH

ASI – Vijayapura city branch conducted many activities

#### >>> CANCER AWARENESS PROGRAMME

As a part of the Extension activity of the KSC/ASI-VIJAYAPURA CITY BRANCH, On the occasion of “World cancer day– 2025”, a cancer awareness program was held on thursday, 06/02/2025 at Shri G G Patil Arts and Commerce P U College, Vijayapura.

The program was inaugurated by the dignitaries on the dias by Dr Ramakanth B, Dr S S Patil, Dr. Shailesh Kannur (Oncosurgeon) and other surgeons were invited as guest lecturers and interaction was done with the students and faculty about cancer awareness and it’s prevention.

In this program, a gathering of about more than 300 students and faculty members were present and took active participation.



#### >>> CANCER AWARENESS PROGRAMME AND FREE HEALTH CAMP

Was held on 27/02/25

On the occasion of “Shri Guru Gangadhareshwar Jatra Mahotsav – 2025”, a Free health check-up camp was arranged at Karibantanal, Basavana Bagewadi Tq, Vijayapura.

Dr. Ramakanth Baloorkar, Dr. Shailesh Kannur (Oncosurgeon), and Dr. S.S Patil spoke about health awareness in the general population.

In this program, a gathering of about more than 200 patients were present, examined 40 surgical cases, and advised surgery for 20 patients.



#### >>> CME PROGRAMME

CME program was conducted on 25<sup>TH</sup> February 2025

Topic:

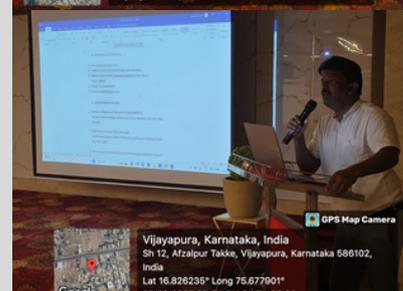
1. Role of Intervention Radiology in Varicose Veins, Deep Vein Thrombosis and pulmonary embolism

**SPEAKER: DR. GURUBASAVA SAJJANA, MD(PGI CHD) PDCC(SGPGI LUCKNOW).**

2. ALCOHOLIC LIVER DISEASES

**SPEAKER : DR. RAMAKANTH BALOORKAR**

At Hotel Le Grande, Vijayapura, 40 members attended the program





Jan - March 2025



## UDUPI CITY BRANCH



### MONTHLY CME PROGRAMME AND INDUCTION OF NEW OFFICE BEARERS

In association with KSCASI CME programme was conducted on 1<sup>st</sup> February 2025, at IMA Bhavan, Udupi

Dr. K. Rajgopal Shenoy, Chairman Elect of KSC-ASI inducted the new office bearers to their roles with an official handover from the outgoing personnel. Participation in State activities was encouraged, including in KSCASICON 2025. The meeting was attended by 23 members and was followed by dinner.

Dr. (Capt) L. Ramachandra, took over as President for 2025, Dr. Keerthan K.M. Upadhyya & Dr. Pavan M. Bhat took charge as Secretary and Treasurer respectively.



### GUEST LECTURE BY UK SURGEON DR ASHISH MINOCHA

Insights on "Specialist training opportunities in the United Kingdom" was delivered by Dr Ashish Minocha a Consultant Paediatric Surgeon from Norfolk, United Kingdom and adjunct faculty of Paediatric Surgery, KMC Manipal on 11th February 2025 at Interact Gd Hall, KMC, Manipal. The session was attended by faculty members like Dr Vijay Kumar (Head of Department of Paediatric Surgery), Dr SS Prasad, (Associate Dean and Head of Department of General Surgery), Dr PLNG Rao, Dr Rajgopal Shenoy (Chairman KSCASI), other senior surgeon, students, and researchers.



### SOCIAL SERVICE - KRISHNAUGRAHA ORPHANAGE

In association with KSCASI and IMA Udupi donation of 80000 worth of dining table were given to Krishnaugraha orphanage at Udupi. Sponsored by Mr Ranjan Shenoy S/o Dr Anitha Shenoy and chairman KSCASI Dr Rajgopal Shenoy. IMA president Dr Suresh Shenoy and others were present.



**INDIAN MEDICAL ASSOCIATION**  
UDUPI-KARAVALI  
In association with



**THE ASSOCIATION OF SURGEONS OF INDIA STATE CHAPTER**

**Handing Over Ceremony of DINING TABLES & BENCHES to Krishnagraha, Santhekatte, Udupi**



Sponsored by: Sri Ranjan Shenoy, IFS, Diplomat, Bhuthan,  
S/o Dr. Rajagopal Shenoy & Dr. Anitha  
Handing over by: Usha D. Bhaktha, Grand M/o Ranjan Shenoy  
Presence: Dr Rajgopal Shenoy, Chairman ASI state chapter  
Dr. K Suresh Shenoy, President, IMA  
Date: 23-3-2025, at 10.00 a.m.





Jan - March 2025



## VIJAYANAGARA CITY BRANCH



Celebrated International Women day on 8-3-25 in association with IMA women Doctors wing, Prerana, Senior Dr. Jyothi Bhagavat and Dr. Naaz Jahan Shaikh were felicitated.

KSC ASI chairman elect Dr. Naaz spoke about her Journey with her profession, ASI and IMA.

Various cultural activities were also arranged.



## MANGALORE CITY BRANCH



### MONTHLY CME PROGRAMME

Conducted monthly meeting on 20-3-25 at IMA hall Mangalore

Dr. Rakesh Rai, Professor and HOD, Father Muller Medical college delivered lecture on Laproscopic hernia TAPP repair.





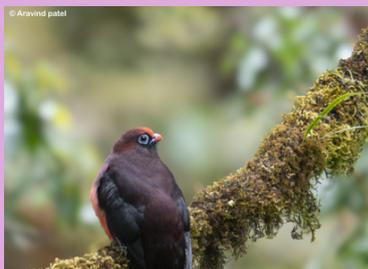
Jan - March 2025



**EVERY BIRD, EVERY TREE, EVERY FLOWER  
REMINDS ME WHAT A BLESSING AND PRIVILEGE  
IT IS JUST TO BE ALIVE. - MARTY RUBIN**

## FEATHERED AND FABULOUS

**DR ARVIND PATIL**



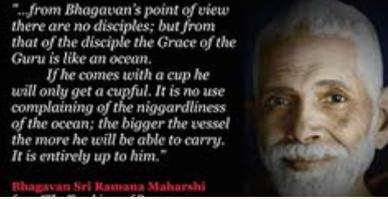
**DR S S SOPPIMATH**



**DR CHANDRASHEKAR N**



## TRIBUTE TO THE GURU



Jan - March 2025

## “A LEGACY OF WISDOM: EXPLORING THE PROFOUND IMPACT OF GREAT GURU” LEGENDARY SURGEON PROF. C.R. BALLAL, MY GURU

**DR K. RAJGOPAL SHENOY,  
PROFESSOR OF SURGERY, KMC MANIPAL  
CHAIRMAN , KSC – ASI**



I am very happy and pleased to write about my Guru, mentor, and well-wisher, Prof. C.R. Ballal. With a distinguished academic background including MS, F.A.I.S, and F.R.C.S. (Hon), he served as the former Head of the Department and Director of Post Graduate Studies in Surgery at Kasturba Medical College, Mangalore, and also holds the esteemed title of Prof. Emeritus in the Department of Surgery at Justice K.S. Hegde Medical Academy, Mangalore.

I would like to express my thoughts on Prof. C.R. Ballal in two parts: Firstly, detailing his remarkable career including his awards and achievements, and secondly, sharing my personal reflections on how I see him. His towering presence in the field of surgical education and practice extends far beyond the hospital; it embodies a commitment to education, community service, and the arts. Here is my attempt to pen down a few lines about him.

### \*\* INITIAL SCHOOLING

Prof. Chitpady Ramakrishna Ballal, affectionately known as C.R. Ballal, was born on May 6, 1937, in Mangalore. He began his educational journey at Christian High School, Udupi, completing his SSLC in 1952, followed by his Intermediate at St. Aloysius College, Mangalore, from 1952 to 1955. He earned his M.B.B.S. from Kasturba Medical College, Manipal/Mangalore, between 1955 and 1960, and subsequently obtained his M.S. in General Surgery from the same institution in 1964 then under Karnataka University. Notably, he was part of the first batch of postgraduates under the mentorship of Prof. M.P. Pai, the then Dean and Head of Surgery at KMC Mangalore. He was the first one to complete both under graduation and post-graduation within the Mysore state (as it was known then).

### \*\*AS A MBBS STUDENT

During his time as an MBBS student, he exhibited brilliance, diligence, and an insatiable thirst for knowledge. His dedication earned him the first rank at Karnataka University during his First, Second, and Final M.B.B.S. examinations, along with the prestigious Dr. T.M.A. Pai Gold Medal for the Best Outgoing Student of KMC for the year 1960. The fundamental qualities of a skilled surgeon—profound knowledge of human anatomy and physiology, exceptional surgical skills, and effective communication—are attributes that Prof. Ballal mastered early on, largely due to the nurturing environment at Kasturba

Medical College, Manipal. This was possible because of his alma mater – Kasturba Medical College, Manipal where he did his 1st MBBS and the rest from Kasturba Medical College, Mangalore. Wenlock Hospital, which caters for thousands of outpatients and in-patients at Mangalore is attached to KMC.

### \*\*SURGICAL CAREER

Wenlock Hospital has been an invaluable platform for cultivating surgical and communication skills, as well as trauma care. Prof. Ballal dedicated 24 years of his career to this institution, starting as a Reader in Surgery in March 1964, advancing to Professor and Head of the Department of Surgery, and later serving as Director of Post Graduate Studies from 1983 to 1992. He continued his journey as Professor of Surgery until 1998 before joining Justice K.S. Hegde Medical Academy in December 1998.

He retired in May 2002 at 65 years of age and continued working there as Prof Emeritus till May 2015, focussing on teaching both undergraduate and postgraduate students and mentoring junior staff members.

### \*\*HONORS, AWARDS, AND ORATIONS

Professor C R Ballal has been a beacon of excellence in the medical field, earning numerous accolades throughout his illustrious career. In February 2018, he was conferred the title of Honorary Fellow of the Royal College of Physicians and Surgeons Glasgow. His exceptional contributions were further recognized with the Lifetime Achievement Award by the Association of Surgeons of India (ASI) in 2020, which stands as the highest honor for a surgeon in the nation. The New Platinum ward, at Narayana Hrudayalaya in Bengaluru has been dedicated in his name, now known as C R Ballal Ward.

His dedication to surgical excellence was honored at the Annual State Conference of the IMA, Karnataka State Chapter, where he received the Dr R H N Shenoy Memorial Award. During the Silver Jubilee celebrations of the Tamil Nadu Chapter of the ASI, he was honoured for his contributions to the field. Over the years, Professor Ballal has delivered six esteemed orations, including the prestigious Prof HS Bhat and Prof M P Pai orations. Notably, he presented the first Manipal oration, focusing on the training of surgeons.

**TRIBUTE TO THE GURU**

Jan - March 2025

**“A LEGACY OF WISDOM: EXPLORING THE PROFOUND IMPACT OF GREAT GURU”  
LEGENDARY SURGEON PROF. C.R. BALLAL, MY GURU**



Prof C R Ballal was honoured by Prof H S Ballal, Pro Chancellor MAHE and Vice Chancellor Dr Vinod Bhat for delivering 1<sup>st</sup> Manipal oration in the year 2015. I was then the Head of the department of Surgery at KMC Manipal.

*(Late ) Prof. GG Laxman Prabhu writes about Ballal sir ....The journey begins in a large joint family, continues in the medical college as a teacher, in practice as a master clinician healer, at home as a committed householder, in the domain of music as an aficionado, taking the reader from page to page effortlessly*

**PERSONAL REFLECTION: AS I SAW PROFESSOR C R BALLAL SIR**

**AS A TEACHER,**

As I reflect on my time under the guidance of Prof. C R Ballal, I am filled with admiration for his exceptional qualities as a teacher and clinician. I reported to the HOD of Surgery department, Dr M Srinivasan as a postgraduate on July 1, 1983, in Mangalore, and vividly remember that Saturday morning when I first laid eyes on Prof C R Ballal in the General Clinics hall of Wenlock hospital. I was just beginning my journey in a new city and a new hospital, and my seniors had already shared stories of his impressive reputation.

Prof. C R Ballal, tall and thin, always elegantly dressed, walked into the GC hall with an air of grace that immediately commanded respect located on the 1<sup>st</sup> floor of Wenlock hospital. A senior PG presented the long case of mass abdomen, and the questions started pouring out from the faculty. Majority of the questions were from these 2 senior professors. At the time, diagnosis was made only by clinical examination and x rays. Ultrasound, CT scan and other radiological tests were not available. Discussion in the general clinics was about careful interpretation of history, physical examination, use of clinical methods and arriving at a diagnosis. Every session was not just an exchange of knowledge, but rather a deep dive into the intricacies of surgical practice.

**\*\*ASI AND KSC ACTIVITIES**

From 2000 to 2001, Professor Ballal served as the Chairman of the Karnataka State Chapter of ASI, showcasing his leadership within the organization. He was the Quiz Master for the National Level Surgical Quiz for postgraduates at the ASI National Conference from 2000 to 2006. His expertise has led him to give numerous guest lectures at various conferences and seminars, making him a highly sought-after speaker at Continuing Medical Education (CME) sessions. Furthermore, he has been the chief moderator for countless clinical case discussions across various states in India, guiding and mentoring the next generation of surgeons.

Prof C R Ballal is given a memento by his student Prof B H Anand Rao, former HOD Dept of Surgery, KMC Manipal. Also seen in the picture is Dr Roshan Shetty, Laparoscopic surgeon, City Hospital, Mangalore

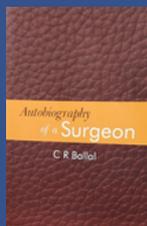


**\*\*EXTRACURRICULAR ACTIVITIES:**

Beyond his medical career, Professor Ballal plays an active role in music promotion and school building initiatives. Currently, he serves as the Honorary President of Sangeetha Parishad in Mangalore, having previously held the position of Past President. His commitment to social welfare is evident through his active participation in numerous social service camps and awareness talks, as well as conducting free surgeries. He has also made significant contributions as an active Lion, reflecting his dedication to community service.

**\*\*AUTHORED BOOKS**

In the world of academia, Professor Ballal has authored a comprehensive clinical surgery book alongside Dr. C Rajesh Ballal, a Professor of Surgery at KMC Mangalore; this significant work comprises 25 chapters and spans 400 pages



The iconic GC hall of KMC Mangalore. A photo from 1986, taken after completing the 3 years of training just before appearing for MS examination.

Photo taken in 2016 in the same GC hall in the alumni PG meet. On my right is Late Prof Srinivasan M and on my left is Prof C R Ballal. Fortunate to get this photograph.



**TRIBUTE TO THE  
GURU****“A LEGACY OF WISDOM: EXPLORING THE PROFOUND IMPACT OF GREAT GURU”  
LEGENDARY SURGEON PROF. C.R. BALLAL, MY GURU**

*He was a teacher par excellence and surgeon with leadership skills. He was never tired of teaching, never tired of operating. He had a remarkable ability to correct missteps with grace, always encouraging us to learn and grow.*

**Bedside clinics:**

One of the most awaited learning during my time as a PG was bedside learning or bedside clinics. This was best, unlimited and challenging. I always craved for it because every patient was different. Prof C R Ballal was an exceptional clinician, a brilliant and well-read teacher. He had tremendous knowledge about the diseases, their natural course and their outcome. He would insist that one should know the natural course of the disease. Often this helps in the diagnosis and treatment. It is true even today and I practise this. For example, A 22-year-old lady with cystic swelling in the posterior triangle of the neck of 6 months duration. This cannot be cold abscess because natural course will progress to sinus formation.

His clinics were not just educational; they were enlightening gatherings that attracted numerous postgraduates and junior faculty, all eager to learn. Prof. Ballal masterfully involved everyone in the discussion, ensuring that each participant felt engaged and valued. His ability to relate hundreds of clinical examples stirred us to think critically and fostered an insatiable thirst for knowledge in all of us.

When everyone diagnosed a hard lymph nodal swelling in the posterior triangle as metastasis, Ballal sir would say it is tuberculosis. He went on to say she also has tracheal shift to left and that he can see activity of accessory muscles of neck in her breathing. She had pulmonary tuberculosis. These basic facts have not changed even today, but what has changed today is the attitude to learn. Cystic swellings often may feel hard, and it is cold abscess...Patient has weight loss too.

Mass abdomen and neck swellings were his specialities, and his clinical acumen was unmatched. His interpretations were often ahead of conventional thought, challenging us to think differently. The principles he imparted remain timeless, reminding us that while the facts of medicine may persist, the eagerness to learn is what transforms us as practitioners.

**William Osler said: To study the phenomenon of disease without books is to sail an uncharted sea, while to study books without patients is not to go to sea at all” (Osler, 1903). Prof. CRB always emphasised on this part of studies and insisted on every postgraduate- go and examine again and again, you will get some more findings.**

**Ward rounds:**

Much greater learning from several patients happens from ward rounds and post OPD grand rounds. Ward rounds is a feast to postgraduates because of the variety of patients that would be discussed. Here again, challenging diagnosis, how Prof C R Ballal solved the problem and how it proved to be correct were mesmerizing. He would not get tired even after long ward rounds. The cases could be short cases such as cold abscess or an epigastric mass, but discussion would go on and on. I remember Prof C R Ballal getting a bottle containing gall stones (from a cholecystectomy he had done the previous day) and starting a discussion about gall stones. For a teacher, all that is needed is an interest to teach, attitude to teach and attitude to help. I learnt these soft skills from Prof CRB Sir and continue to teach with the same pace and interest for the last 38 years.

**Resource person in CMEs:**

Prof C R Ballal is well- read surgeon who was popular as a teacher and resource person in several CMEs in most of states of India, especially southern states. He continued to read and learn too. He accompanied us to Calicut Medical College for CME and moderated symposium on obstructive jaundice. We prepared slides (these are small slides prepared from typed notes) for the first time under guidance of Prof CR Ballal. We were given a warm welcome by senior stalwart teachers from Kerala (1984-85), because we are Prof.C.R.Ballal's students. Dr Ballal sir is an inspirational teacher and leader too. I consider as my duty to encourage postgraduates to learn, to acquire skills, both by reading, writing, assisting in the OT and for responsible behaviour.

**Dr.K.M.Cherien, Chairman, Frontier Lifeline hospital Chennai writes : His students were more like disciples on whom he made lasting impressions. I am proud to say that Dr.Ballal taught 3 generations in my family ; me, my son, and my granddaughter.**

**Subject Seminars and journal club:**

Academic schedule of KMC Mangalore was a good program. In addition to 4 clinical case discussions per week, a seminar and a journal club were held on alternate weeks. There were limited number of books in the library and very few journals. There was limited access to the journals then, but he stayed updated with the knowledge and skills and transferred this knowledge to us. Here again, Ballal sir was an active participant with questions, analysing the questions and answers, solutions, providing explanations with examples and bringing out new ideas.

**TRIBUTE TO THE GURU**

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**Skilled surgeon:**

He would provide utmost care to patients undergoing surgery at Govt Wenlock hospital. All advanced surgical procedures were done in Wenlock hospital by the department of surgery including pancreatic surgery. Meticulous dissection of thyroid and hernia surgeries, hooking the Vagus with right angled forceps (favourite instrument of Prof C R Ballal) during vagotomy, classical four layered GJ and repeating mantra of Connel's 'in and out' and 'out and in'. How bloodless a field can be achieved while raising the flap in thyroid surgery, midline incisions or in mastectomy by Prof Ballal was a pleasure to watch. Dissection of inguinal canal, layer by layer, with beautiful demonstration of cremasteric box, preserving all the nerves was a feast to our eyes and many others.

Prof Ballal's quote in my book –Manipal Manual of surgery in the very first edition (Released in year 2000-Milenium edition)

*Dissecting an inguinal canal and performing a good repair is a good exercise for a postgraduate because he has to dissect various anatomical layers, preserve cord structures, dissect and isolate the sac .... do a good repair. Various steps of herniorrhaphy and hernioplasty teach a postgraduate basic fundamental principle of surgery—*

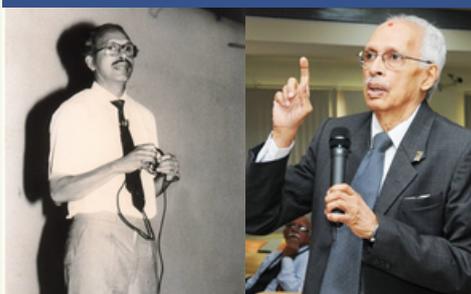
*Prof. CR Ballal, former Professor and Head, Kasturba Medical College and Hospital, Mangalore*

Every senior surgeon like me will tell loudly and agree that our surgical foundations were laid strong by our alma mater and our teachers. It can be achieved by following strong principles of surgery. Prof Ballal and other teachers insisted and made it a rule to teach strong basic principles of surgery to all postgraduates. In the later part of his career, he continued to learn and develop skills including laparoscopic surgeries. His mantra was simple yet profound: continue learning, continue teaching, and continue operating as long as you can. In all my years of teaching, I carry the lessons learned from Prof. C.R. Ballal with immense respect and love. He remains a guiding light in my professional journey, and his dedication to education continues to inspire me every day.

*He used to tell postgraduates in the OT, 'focus on what is being done, concentrate here, do not look here and there'. What he said is definitely very true today because of various attractions and diversions during PG studies including mobile phones and social media.*

**Conferences and CMEs:**

As a respected resource person at conferences and CMEs, Prof. Ballal has always graciously shared his experiences and insights. He never shied away from offering advice to students and fellow surgeons alike, believing in the value of knowledge exchange. "I also learn by attending conferences and interacting with different surgeons from various corners of India," he often remarked, underscoring his humility and continuous quest for growth.



Prof.C R Ballal as a resource person in early 1984 and in 2014

**AS A FAMILY MAN, DEVOTE AND TRUSTEE OF FAMILY TEMPLE:**

Prof. Ballal is a dedicated family man. He and his wife have 3 children. Dr Rajesh, Dr Suma and Dr Anupama. I never realised that Prof C R Ballal family have a temple maintained by Chitpady Ballals. It is Srinivasa Temple at Udupi. The family conducts poojas and their family functions there. They also encourage cultural and spiritual meetings. I have met Prof Ballal Sir a couple of times in the temple at Udupi and got his blessings too.



Myself and my wife Dr Anitha Shenoy seeking blessings from Prof CR Ballal at Srinivas Temple in Udupi

## TRIBUTE TO THE GURU

Jan - March 2025

### “A LEGACY OF WISDOM: EXPLORING THE PROFOUND IMPACT OF GREAT GURU” LEGENDARY SURGEON PROF. C.R. BALLAL, MY GURU



Smt Sulochana receiving a bouquet by  
Dr Veerendra Heggade at  
Manjunatheshwara Eye Hospital Mangalore



Smt Sulochana with Vaishnavi



Drama at the Lions Club, Mangalore



1st picture Prof. Ballal sir's wife Late Mrs Sulochana Ballal with Miss Vaishnavi Ballal who is a post graduate in Psychiatry now. 2<sup>nd</sup> picture Ballal SIR with his wife acting in a drama and 3<sup>rd</sup> picture - Prof. Ballal with 3 children. Eldest is Dr Rajesh Ballal, professor of surgery, KMC Mangalore, Dr Suma is dentist standing next to Dr Rajesh Ballal and dr Anupama is the youngest

#### CONCLUDING REMARKS

In closing, Prof. C.R. Ballal's unwavering dedication to surgical excellence, his passion for teaching, and his love for family have not only shaped the lives of his students but have also enriched the lives of all who have had the honor to know him. His legacy will undoubtedly inspire future generations of surgeons to follow in his footsteps with equal devotion and respect.

It may be a coincidence that my Guru was chairman of KSC-ASI in the year 2000. Now after 25 years, Karnataka state chapter of surgeons of Association of Surgeons of India, has given an opportunity for me to serve as chairman from February 16<sup>th</sup> 2025 after the state conference at Mysore. For the last 3 decades I have been in constant touch with Prof. Ballal sir for his advice, guidance and suggestions about my role as a teacher, surgeon, administrator and as an active member of KSC-ASI. I will try my best to do justice for the post. I am quoting a few points that Sir had mentioned while delivering his 1<sup>st</sup> Manipal oration on training of surgeons, A surgeon should learn principles of surgery very well, develop skills with continuous learning, assist as many cases as possible with utmost concentration and try to find some tips and tricks from the master, show interest and enthusiasm not only while operating but also in the postoperative period. A surgeon should have commitment, patience and stamina too...Be kind always. My Guru is an epitome of knowledge, and his experience goes unmatched. Proud to be your student sir always.....

*Dr K. Rajgopal Shenoy,  
Professor of surgery, KMC Manipal  
Chairman, KSC - ASI  
19<sup>th</sup> May 2025*



Jan - March 2025

## WISE TRIPS



### MAHA KUMBH 2025 A JOURNEY OF THE SOUL: A TIMELESS CONFLUENCE OF FAITH, TRADITION, AND SELF-REALIZATION

WHERE DEVOTION UNITES, THE SPIRIT AWAKENS, AND THE JOURNEY WITHIN BEGINS.



#### INTRODUCTION: THE MAHA KUMBH—A SACRED LEGACY

The Maha Kumbh Mela 2025, held in the divine city of Prayagraj, was not just an event—it was a cosmic phenomenon, a celestial confluence of faith, spirituality, and transcendence. It was an ocean of devotion, where over 66 crore (660 million) pilgrims gathered, drawn by an inexplicable magnetic pull toward the sacred Triveni Sangam—the holy meeting point of the Ganga, Yamuna, and the mythical Saraswati.

#### NAGA SADHU, AGHORI MYSTIC AT MAHA KUMBH – THE SPIRIT OF RENUNCIATION

An ash-smeared Naga Sadhu, draped in leopard-print attire and adorned with rudraksha beads, stands as a symbol of renunciation at Maha Kumbh, Prayagraj. The sacred ash signifies detachment from material life, while his attire reflects the fierce spirit of asceticism. A living embodiment of devotion and spiritual awakening! Aghori mystic draped in black, adorned with sacred beads and bone ornaments, this Aghori sadhu embodies the mysticism of Maha Kumbh. With ash-marked devotion and an aura of transcendence, he walks the path beyond worldly ties, immersed in the sacred energy of the Triveni Sangam.

A Sadhu standing barefoot on the sacred grounds near the Triveni Sangam. His saffron robes, turban, and Trishul with a damaru symbolize renunciation and devotion to Lord Shiva.



#### KACHHAP DWAR – ONE OF THE GATEWAY TO MAHA KUMBH 2025

A grand entrance to the Maha Kumbh Mela 2025, symbolizing the Kachhap (Kurma) Avatar of Lord Vishnu. This sacred gateway welcomes millions of pilgrims to the divine confluence of faith, tradition, and devotion at Prayagraj.

For 45 days, the air resonated with Vedic chants, the scent of incense, and the rhythmic echo of conch shells. Sadhus, saints, and seekers from every corner of the world came together, dissolving boundaries of caste, creed, and nationality, proving once again that faith unites where the material world divides.



This compilation attempts to capture the profound grandeur, devotion, and spiritual metamorphosis experienced at this once-in-a-lifetime gathering.

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#### A PILGRIM'S JOURNEY: A PERSONAL REFLECTION

By Dr. Prashanth B Nirvani Rao

Curiosity may have led me to Maha Kumbh 2025, but what I encountered was beyond comprehension—a journey of faith, resilience, and divine benediction.

Pilgrims en route to the sacred Triveni Sangam, where the holy rivers Ganga, Yamuna, and Saraswati merge. The spiritual significance of this journey is felt in every ripple of the water.

The pinnacle of my experience was the Amrit Snan or the Shahi Snan (royal bath) at the Triveni Sangam. As I stepped into the sacred waters, time seemed to pause. The icy embrace of the river sent a shiver down my spine, yet within moments, an unexplainable warmth engulfed me—a sensation of absolute surrender, purification, and renunciation. This was more than a ritual; it was a spiritual inner transformation, washing away not just physical impurities but deep-seated burdens of the soul.



A mesmerizing Ganga Aarti at Prayagraj, as priests and devotees perform synchronized rituals, offering fire to the sacred river. The air is filled with chants, conches, and the glow of a thousand lamps.

**“Gange Cha Yamune Chaiva Godavari Saraswati, Narmadae Sindhu Kaveri Jalesmin Sannidhim Kuru”.**

Means “O Holy Rivers Ganga and Yamuna, and also Godavari and Saraswati, O Holy Rivers Narmada, Sindhu and Kaveri; Please be Present in this Water (and make it Holy)”. This mantra is often recited while bathing to invoke the presence of the holy rivers and make the water pure. The mantra is said to create sanctity through sound vibrations.

Despite the overwhelming sea of humanity, the dust swirling in the air, and the relentless challenges of navigating the crowds, the experience was beyond this world or the here. Among millions, social distinctions dissolved, the wealthy and the impoverished, the young and the old, the learned and the illiterate, all stood together as equals, bound by a singular faith.

If you have never been to the Kumbh, find a reason to go. It is not merely a pilgrimage—it is an odyssey of self-discovery.

#### Dr. Seetharam's Experience

"A journey of faith and serendipity. As someone meticulous about cleanliness, I never imagined taking a dip in the river. But something within me surrendered to the moment. The sheer discipline of the policemen, the tireless service of bikers, and the unwavering devotion of the masses left me in awe. This was not just a gathering—it was a grand cosmic play, and I was apart of its script. I now understand why millions return to the Kumbh. And I will too."

#### Dr. Roopa Bharamshetter's Perspective

"My journey began with curiosity but ended as a treasured lifetime memory. Pedalling through the scorching heat to our tent, I felt an irresistible pull toward the Triveni Sangam.

The sunset boat ride, the moonrise, and the holy dip—each moment was soaked in an energy I cannot describe. As an introvert, I was initially overwhelmed by the sheer enormity of the Kumbh, yet within the chaos, I found clarity.

The streets bustled with face-painted children as Kali and Shiva, a rope-walking girl performing with an artist's grace, and saffron-clad sadhus lost in deep contemplation. I understood that serenity exists even amidst crowds, clarity within chaos, and unity within diversity—if only we choose to see it.

This Kumbh made me believe in the quote—'Water has memory.' As I immersed myself, I felt the protective presence of my father and the warm embrace of my mother. It was a moment of deep spiritual renewal."

#### Manasi Prashanth's Experience

Never had I imagined that I would have the resilience and strength to attend such a huge gathering, which takes place only once every 144 years! The Maha Kumbh made such an impact on me when I took the holy dip in the Triveni Sangam! It was like I was taking a dip for all my loved ones! The holy water of the Sangam blessed me with a new will to live!

Millions of pilgrims journey to the sacred rivers of Ganga, Yamuna, and the mystical Saraswati for this momentous occasion. The vibrant colors and spiritual energy create an unforgettable atmosphere. It was a truly humbling experience to witness such devotion and faith. The majestic Kumbh Mela continues to inspire awe and wonder in me till date!

**WISE TRIPS**

**MAHA KUMBH 2025 A JOURNEY OF THE SOUL: A TIMELESS CONFLUENCE OF FAITH, TRADITION, AND SELF-REALIZATION**  
**WHERE DEVOTION UNITES, THE SPIRIT AWAKENS, AND THE JOURNEY WITHIN BEGINS.**

**HEALING WITH COMPASSION: THE FREE MEDICAL CAMP AT MAHA KUMBH**

Amidst the spiritual passionate feeling, we had the privilege of serving at a free medical camp held on 12th and 13th February 2025 at Yogadham. This initiative was spearheaded by:

- IMA Tumkur City Branch
- Karnataka State Chapter of Association of Surgeons of India: Tumkur City branch
- ENT Association, Karnataka State Branch
- Special thanks to Dr Kumaraswamy for this opportunity given.



The Medical Team:

- Dr. Prashanth B. Nirvani Rao (Consultant Gastrointestinal Endoscopist & Surgeon, President of KSCASI-Tumkur City Branch)
- Dr. Jyothiswarup (ENT Surgeon, Divisional Coordinator, IMA State Branch)
- Dr. Kumarswamy (Endodontist, Tumkur)
- Dr. Roopa Jyothiswarup (Senior Consultant, Dept. of Ophthalmology, District Hospital, Tumkur)
- Dr. Seetharam (Associate Professor, Clinical Haematology & Bone Marrow Transplant, St. John's Hospital, Bangalore)
- Dr. Priya Kalahasthi was the resident Doctor (Nephrologist, Cleveland Clinic, USA)
- Voluntary service from Manasi Prashanth and Triveni Kumaraswamy

Services Offered:

- General & Specialized Health Check-ups
- Dietary Counselling & Preventive Health Guidance
- Free Medicine Distribution

In a sea of pilgrims seeking spiritual nourishment, we provided physical healing and comfort, reinforcing the timeless belief that seva (selfless service) is the highest form of worship.



**SUNRISE AT KUMBH VILLAGE**

A breathtaking sunrise over the makeshift city of faith. The golden hues of dawn merge with the spiritual essence of millions gathered at the holy banks.



**SUNSET AT TRIVENI SANGAM**

"Aerial Symphony of Faith" – A breathtaking spectacle of gulls soaring over the sacred waters of Triveni Sangam at Maha Kumbh, as pilgrims witness nature's divine dance against the golden hues of sunset.

**MAHA KUMBH 2025: A GUINNESS WORLD RECORDED EVENT**

- 66+ Crore Devotees – The largest human gathering in recorded history
- ₹3 Lakh Crore Revenue Generated – A monumental economic impact
- 15,000+ Sanitation Workers – A Guinness World Record for the largest river cleanup
- 10,000-Acre Temporary Megacity – 150,000 tents, 175,000 portable toilets, 30 floating bridges

Despite the challenges, the Indian government's meticulous planning ensured seamless crowd control, sanitation, and infrastructure—a true testament to India's organizational prowess.



**SMALL VENDORS: THE HEARTBEAT OF MAHA KUMBH**

At Maha Kumbh, small vendors play a crucial role, offering sacred beads, idols, and essentials to millions of pilgrims. With makeshift stalls and an unwavering spirit, they bring life and color to the festival, connecting tradition with livelihood. Their dedication keeps the spiritual rhythm of Maha Kumbh alive.

**WISE TRIPS**



**PRASHANTH B NIRVANI RAO, MBBS,MS,FICS,FASGE**  
**CONSULTANT GASTROINTESTINAL INTERVENTIONAL ENDOSCOPIST & SURGEON,**  
**FELLOW OF AMERICAN SOCIETY FOR GASTROINTESTINAL ENDOSCOPY,**  
**FELLOW OF INTERNATIONAL COLLEGE OF SURGEONS,**  
**RECIPIENT OF THE PRESTIGIOUS KONDAJI BASAPPA MEMORIAL GOLD MEDAL FROM THE UNIVERSITY OF MYSORE**  
**CHIEF: DIGESTIVE DISEASES, DIGESTIVE ENDOSCOPY & GASTROENTEROLOGY**  
**CHAITANYA GASTRO INTESTINAL CARE & ENDOSCOPY CENTER,**  
**4TH CROSS, (ON THE ROAD OPPOSITE TO MAKKAH MASJID), BEHIND KRISHNA TEMPLE, K.R. EXTENSION, TUMKUR-572102, KARNATAKA STATE**

**THE SNAKE CHARMER OF MAHA KUMBH**

A traditional snake charmer, draped in saffron, earns his livelihood amidst the spiritual vibrance of Maha Kumbh 2025, captivating pilgrims with his age-old craft.



**AS THE MAHA KUMBH ENDS: A NEW BEGINNING**

As Maha Shivaratri marked the conclusion of the Maha Kumbh Mela 2025, Prayagraj gradually returned to its earthly rhythm. But the spiritual echoes remain eternal. As Prime Minister Narendra Modi rightly said: "The Maha Kumbh is more than an event; it is the awakening of national consciousness, the resurgence of faith, and a global message of peace and unity."

For those who were part of this legendary spectacle, the memories will remain etched in their souls forever. And for those who have yet to experience it—the next Kumbh awaits your footsteps!

**HAR HAR MAHADEV! HAR HAR GANGE! HARI OM TAT SAT!**



**CROSSING THE PONTOON BRIDGE**

Our team walking across the Pontoon Bridge—a floating marvel built to manage the influx of pilgrims at Maha Kumbh 2025.



**A YOUNG WOMAN DRESSED AS MA KALI**

At the Maha Kumbh Mela in Prayagraj, a young woman dressed as Ma Kali embodies devotion, tradition, and livelihood. Her elaborate portrayal preserves folk art, enhances spirituality, and supports marginalized communities through pilgrim donations. This reflects the deep cultural and economic significance of the event.

**A YOUNG PERFORMER'S TALENT**

A young girl cycles on a tightrope, mesmerizing the crowd with her balance and agility. These awe-inspiring street performances provide livelihood to many artist families, showcasing India's rich folk traditions.



**NAINI BRIDGE IN THE MOONLIGHT**

Bathed in serene moonlight, the New Yamuna Bridge (Naini Bridge) watches over the sacred confluence, embracing the divine spirit of Maha Kumbh 2025.

**ACKNOWLEDGMENTS**

- Articles & Insights from: Badri Narayan (Times of India), National Geographic, NDTV, and other esteemed sources
- Personal Reflections from: Dr. Prashanth B Nirvani Rao, Dr. Seetharam, Dr. Roopa Bharamshetter, Manasi Prashanth
- Special Thanks to: Dr. Kumaraswamy, Dr. Jyothiswarup and Triveni Kumaraswamy
- Medical Camp Contribution by: IMA Tumkur City Branch & Karnataka state chapter Association of Surgeons of India: Tumkur City Branch.
- Photos by: Dr. Prashanth B Nirvani Rao photoArt and fellow travellers, who travelled with me.

**A FRATERNAL AWARENESS  
PROGRAM BY KSCASI**

Jan - March 2025

**BONUM MEDICINAE RECORDUM; DOCTORS DIVINE KAVACH.  
AWARENESS ON IMPORTANCE OF GOOD MEDICAL RECORD KEEPING.**

**DR HARSHA G V., MS., FMAS., FALS., LLB.**  
**9845875100, SURGERYHARSHA@GMAIL.COM**  
**SHARING KNOWLEDGE IS CARING!**



How much important are Medical Records! Without which you will be killed in Kurukshetra!

**A fearless doctor!**

Here in this brief medico-legal article, efforts are put to make dots of confusion into a powerful awareness. If you are right and you are aware what is wrong, a fearless doctor will emerge! Lots of leads are added for search and know yourself activity. The creation of proper legal awareness among medical students is lacking due to neglected classes from practicing doctors. This writing will definitely be helpful for doctors who are facing litigation already! And Those who are not facing litigation may end up facing one if you don't understand the concept here!

Modern doctors by now have fully understood that Hippocrates of Greek, 400 BCE, rightly said – **“I TREAT; HE CURES”** – meaning doctors only assist healing, actual healing process is a divine power. So, the courts have also understood the limitations and have deviated the assessment of negligence from **CURE** part to **CARE/TREAT** part. But doctors are still perfect scapegoats for failure to cure in the eyes of society, politics and media. Divine power is not in the hands of doctors. Doctors cannot guarantee the cure, which is purely a divine healing power; but they are accountable for the CARE! Now again read what Hippocrates meant and courts expect.

The hon'ble Supreme court has said **“CARE IS GURANTEED BUT NOT THE CURE”**. MEDICINE IS NOT LIKE ANY BASIC SCIENCE with fixed calculations and results. EACH PATIENT, THEIR RESPOSE TO DISEASE AND TREATMENT DIFFERS.

Any court or a tribunal or a board can examine and opine on CARE/TREAT part. It is impossible to fix the responsibility of CURE on any doctor. What are the components of CARE? Definitely all must be curious to know, let us make it easy!

Dura lex, Sed lex – the law is harsh, but it has to be respected and followed. The Bolam test is still a gold standard in assessing the negligence because of the above said facts. It assesses the qualification and standard of care within the defined rules after hearing both parties sufficiently and documenting each explanation unbiased.

It becomes absolutely important to know what is CARE part under medical practice for every doctor. Ignorantia juris non excusat - Ignorance has no excuse in professional practice. CARE part starts once we have put up an office!! Even before contact with the patient, although a doctor can reject a non-emergency case.

CARE part includes qualification of doctor and staff, minimum standard of CARE acceptable by peer, licenses, equipments and accountable documents with acceptable chronology of events.

Defiantly CARE cannot be same all over the country or world, this fact is also known to the courts and opinion bodies. Whatever the practice is acceptable by the peer, for that time, place and person; is legally acceptable. Acceptable or not acceptable opinion --- means a defined legal explanation, speaking order, not just a biased opinion. The courts will condemn biased peer opinions. Readers, please read about Bolitho test also.

Example—Hand-surgery is practiced by many specialists and is accepted as standard of CARE now for this time, place and person. The country has to advance and generate enough number of hand-surgeons and infrastructure so that the peer opinion condemns such practice. Similar examples we can imagine for the place and degree we are practicing and those are lawful also. One should defend in such a way and is legally accepted. Other professions and the legal profession itself also have such limitations!



Jan - March 2025

## A FRATERNAL AWARENESS PROGRAM BY KSCASI

### BONUM MEDICINAE RECORDUM; DOCTORS DIVINE KAVACH. AWARENESS ON IMPORTANCE OF GOOD MEDICAL RECORD KEEPING.

Each word in the university syllabus has legal force in the form of right to practice under Article 19 of constitution of India. Syllabus and trainings the doctor has undergone defines his qualification and compatibility which cannot be rejected in Bolam's test.

Now we can easily imagine what we are qualified to practice. Majority of doctors don't know what they are allowed to practice, so they get struck in CARE part. CARE regarding place -- MTP cases done at unregistered hospitals are illegal. MTP is totally banned in certain countries, it is law of that land, should be respected and followed. We should know whether specific license is taken or not, and the place is permitted to practice as per local laws or not. In a Day CARE license hospital performing a major surgery is illegal, if nothing happens it is good, something goes wrong it will be deficiency of CARE by place.

Medical record is the most important piece of defense to say that the doctor has behaved professionally and with CARE! How a doctor can defend against allegations of negligence without a good medical record? Bolam test for negligence relies mainly on medical records. Remember, Good record – good defense, bad record – some defense, no record – no defense. It should be known to all doctors that the standards of medical services are assessed mainly on medical records. This article is specifically written to create awareness about records.

**CARE PART** -- Acceptable standards of medical care will be assessed under two components

- (1) Medical records.,
- (2) Hospital Establishment and infrastructure.

It becomes extremely difficult to prove a negligence on a doctor, if the accused doctor is a Qualified doctor, the records are well maintained, the hospital has satisfactory infrastructure with licenses and he has followed the acceptable norms of practice. Complaint against doctor and process of investigation shouldn't be treated as harassment. It is a process of justice and responsibility of the state. As a professional man, one should be ready to follow the norms of profession and should be ready to face the process of justice with calmness. If records are well maintained and genuine, medical profession is well protected in courts than in streets. Supreme court has said "A doctor is not negligent if he is acting in accordance with the acceptable norms of practice".

My advocate friends always make fun of doctors and say—why you doctors are so afraid with medical practice? You people definitely have a very strong license! Thing is you have to maintain professionalism, proper records and appropriate social behavior. They further say -- Where do births and deaths can happen doctor? other than at hospitals?? Be cool! Maintain professional standards and fear for none!

**MEDICAL RECORDS** – CARE assessment – primary evidence in court!  
Read again what Hippocrates said in the above paragraph.

Three important sentences about records--  
Medical man should be more alert, human sciences don't tolerate errors.  
Verba volant, Scripta manent – spoken words fly away, written words remain.  
What is written and documented is true and done, what is not written is not done.

**Medical records should have – meticulous details of CARE** given by doctor.  
IMR – Ideal Medical Record – should speak what doctor has actually done to the patient.





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**A FRATERNAL AWARENESS  
PROGRAM BY KSCASI****BONUM MEDICINAE RECORDUM; DOCTORS DIVINE KAVACH.  
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**Records should have -- Clarity** about– establishment, patient, doctor, disease, treatment, consent and treatment outcome.

In the case of Samira Kohli vs. Dr. Prabha Manchanda and Ors. Hon'ble Supreme Court ruled that consent for diagnostic and operative laparoscopy, including "laparotomy if needed" does not equate to consent for a total hysterectomy with bilateral salpingo-oophorectomy. Hospital name, doctor's name, patient name, diagnosis and signatures are very important. Consent is a separate topic which will be published in next article. Daily notes and patient attendant counselling signatures are also important. Such record will prevent the party from denying the fact of proper updating of patient condition, which is a good practice. Anything beyond OPD consultation taking a written consent is a good practice. (PS PV, PR, Foley insertion, RT tube, blood transfusion, ICU shift etc.)

**Records should be Complete** – enough writing as per minimum standards. No blank spaces. While printing case sheets don't print large spaces which will be left blank. Be practical in preparing the records. No overwriting or striking in medical records. Doctor notes and nurses' notes should match. Follow standards of ICU notes, surgical notes, procedure notes as in NABH.

**Records should be Concise** - giving the relevant or necessary information clearly and in a few words; brief but comprehensive. Avoid writing unwanted things in medical records. History should be chronological and matching to complaints. Negative history should be a relevant one.

**Records should be Chronological** - (date and time of events) following the order in which they occurred. Record should be as per the sequence of events in brief and precise. As per law, all this story we are writing are facts. Same story if asked in court should be acceptable and reproducible. The patient party and also police will have their own different story, but the medical case record should be a true fact without any lie or tampering. Doctor should be bold enough to face the cross examination on true facts. So never cook or alter the original complaints or history. Before submitting any record to court discuss with your advocate. Record all events with date and time in doctor's notes.

Keep records Confidential - to be kept secret, unless ordered by government or court. Patient and his legal heirs can always access the medical records within 72 hours of application, up to 3 years from discharge. After that if records are not in any court case can be destroyed. Every record or any writing about the patient is a medico-legal record. There is nothing called -- not for medico-legal purpose! Illegible handwriting of doctor court case – Krushna Pada Mandal vs state of Orissa case-2020, medicine names should be in capital letters.

Hospital Establishment and infrastructure should have appropriate standards to CARE





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For the sake of completion, this heading is also added and briefly discussed.

As a part of assurance of CARE, the professional body may inspect the premises where alleged negligence has happened. It is mandatory to hold licenses as per law especially those connected to the case. Example, on inspection -- A Day CARE clinic operating a major case is illegal and it is Res Ipsa Loquitur, prima facie negligence.

A hospital with a major operation theatre should comply with industry standards of equipments and sterilization which can be found in NABH website. In cases of death at hospital, Hospitals without a single oxygen cylinder, without a defibrillator, without AMC records and bills will be considered as prima facie negligent. If industry standards are maintained negligence on infrastructure cannot sustain. Qualified staff is also part of proper CARE.

**Conclusion-**

Without writing about negligence, I couldn't effectively establish the importance of medical records. Hence the negligence is used as a contrast here to create awareness. Medical records form an armor or kavach similar to Mahabharata character Karna's Kavach.

Hope the readers get a consolidated awareness! To get the true kavach read this article repeatedly! BONUM MEDICINAE RECORDUM; DOCTORS DIVINE KAVACH. This article has advanced information especially for doctors who are already facing litigation, it connects well with them. Junior doctors should try to understand every word here before starting practice – read between lines and between the words!

Suggested to read:

1. Article 19, constitution of India.
2. Definition of Bolam and Bolitho tests.
3. Jacob Mathew vs State of Punjab 2005 case
4. Suresh Gupta vs NCT Delhi 2004
5. Sameer Kumar vs State of UP 2014
6. Dr Indu Sharma vs Apollo Hospital 2015



## DOCTOR PATIENT RELATIONSHIP



Jan - March 2025

### IT'S DIFFICULT NOT TO BE A PART OF THEIR WOUND JOURNEY:- THE EMOTIONAL TOIL OF CARING FOR THE DIABETIC FOOT PATIENTS...

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KMCRI HUBLI  
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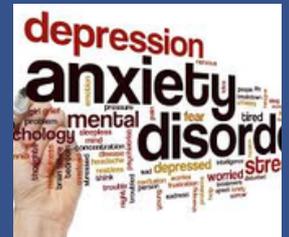


Every time my patient XYZ meets me to discuss their wound, they have 'N' number of questions swirling in their mind. Am I in the right place? Is this the right surgeon for me after suffering for so long? Many of my patients carry chronic wounds not healed for years, adding to their uncertainty.

We all experience wounds at some point in our lives, but we tend to brush them off since they often heal on their own without significant issues. However, for diabetic patients, this is far from the case. Chronic wounds are frequently labelled as costly, complicated, and difficult to heal. They impose a very big price on the patient's life including their mental health as well on their quality of life.

It's difficult for most of the patients as they are under mental stress. They are desperately seeking a clinician who will patiently listen to their concerns. They are trying to accept the harsh truth of dealing with diabetes and above that they have added factor of non-healing wound.

As a diabetic foot surgeon, it is essential to positively influence my patient's mental states. Studies have shown that depression and anxiety are the fourth leading cause of disability-adjusted life years (DALYs) in developed countries, while diabetes ranks eighth. The coexistence of depression with diabetes can lead to poor glycemic control, diminished self-esteem, inadequate self-care, and reduced physical activity. This, in turn, may result in poor adherence to diabetic diets and medications, with some patients even turning to substance abuse to cope. Depression can spiral into anxiety, leading to lower quality of life, increased utilization of healthcare resources, and elevated costs. Patient becomes debilitated and might lose life if it is not addressed early.



Foot problems are among the most distressing complications of diabetes. The gangrene and mutilation seem very heart touching and disastrous. Even patients who diligently monitor their blood sugar and adhere to strict dietary guidelines often carry an immense burden of anxiety regarding their foot health. The risk of ulceration or amputation brings with it the potential for job loss, especially for those in roles requiring prolonged standing or walking, leading to a profound impact on self-esteem, particularly in younger individuals. Patients have worse things to face - anger, fear, denial, depression and guilt which take a toll on their day-to-day existence, transforming what should be a fulfilling life into a relentless cycle of worry and distress.

I recall meeting a middle-aged man who had experienced a below-knee amputation due to complications from diabetes. His story revealed a painful progression from multiple toe gangrene to eventual below knee amputation. As he recounted his experiences, I could sense the sorrow behind his words. Despite appearing composed, the tremble in his voice revealed the psychological burden he carried. Once a Ray of sunshine for his family, he now felt like a burden himself. His family, who had once relied on him as their "Iron Man" now seemed to view him through a lens of disappointment. I remember some of the attendees in his ward say -"Life isn't fair, he's young"—only deepened the sense of isolation and grief, leading him further into the shadows of depression.

No wonder these strong emotions will devastate the patient's perceptions about their life, and lead to non-compliance and refusal to follow advice or accept the care offered to them by their clinicians.

**DOCTOR PATIENT  
RELATIONSHIP**

Jan - March 2025

**IT'S DIFFICULT NOT TO BE A PART OF THEIR WOUND JOURNEY:- THE  
EMOTIONAL TOIL OF CARING FOR THE DIABETIC FOOT PATIENTS...**

For many, a family history of diabetes and witnessing loved ones suffer can amplify their fears. They get trapped in cycle of anxiety-depression, become scared, and check their feet multiple times a day, imagining the colour changes as the precursors of gangrene. This phenomenon, known as reactive hypochondriasis, can result in frequent, unnecessary clinic visits driven by unfounded concerns.

Losing a body part is like losing a part of self, almost akin to losing a loved one and can result in acute as well as long-term grief reactions.

***"If we tell a diabetic patient to illustrate their self-images, they would draw themselves without a foot."***



The above enumerated various psychological fall outs of diabetic foot can lead to long-term behavioural issues, maladaptive patterns of functioning, disruption of social and family ecosystem and untold chronic damage in both the patient's and the near one's productivity. Lastly and the most serious fallout being deliberate self-harm, which coupled with suicidal ideation, can culminate into suicide.

One crucial aspect of recovery is fostering a sense of companionship along the healing journey. Patients need to feel supported, as if they are surrounded by those who care for them just like family. Research underscores that individuals with a strong family support system tend to heal more effectively. We as clinicians need to be in partnership with them, as we're working on patients foot together. "The most salient feature of diabetic foot surgeon is he/she must tune in to the mind of the patient and build a foundation of trust."



In summary, psychological challenges play a significant role in both the care and outcomes associated with diabetic foot issues. Remember, the patient is not merely their diseased foot; they are a complex individual comprised of various organs, emotions, and experiences, all interconnected in a unique way. Thus, a wise diabetic foot surgeon will provide invaluable service by considering the patient holistically, addressing their total being rather than focusing solely on the affected foot.



## 25 YEARS LEGACY OF A BOOK



Jan - March 2025

### MAKING OF MANIPAL MANUAL OF SURGERY (MMS)

JOURNEY FROM 1<sup>ST</sup> EDITION- MILLENNIUM EDITION TO 7<sup>TH</sup> EDITION - SILVER JUBILEE EDITION



**DR K. RAJGOPAL SHENOY,**  
**PROFESSOR OF SURGERY, KMC MANIPAL**  
**CHAIRMAN , KSC - ASI**



#### PREAMBLE: MANIPAL IS INSPIRED BY LIFE AND I AM INSPIRED BY STUDENTS.

I am happy to write the journey of my first medical book titled Manipal Manual of Surgery released in the year 2000 and now has seen 7 editions, and is in circulation for 25 years. The journey of 25 years was not easy, but it is hard work, perspiration, perseverance, patience, dedication and updating which has given the results. The co-editor of the book, Dr Anitha Nileshwar Shenoy, my wife and former HOD of Anesthesiology, now continuing as a Professor has been a strong support. The publishers of the book, CBS publishers and distributors, New Delhi, managing director Mr. S.K. Jain, his son Mr. Varun Jain and all staff of CBS have taken keen interest from day 1 till today in promoting the book for the last 25 years.

As the book became popular, I was invited to several medical colleges and several hospitals from all over India, especially the southern states, for giving talks and for case discussions. This book is also partly responsible for my present position as Chairman of Karnataka State Chapter of Surgeons KSC-ASI.

**UG and PG days:** I was very much interested in surgery and teaching both during UG (1977-1983) and PG days (1983-1986), inspired by our teachers who were exceptional, demonstrating impressive dissection skills, oratory abilities, and a talent for creating vivid, colorful illustrations on blackboards using both hands. Teachers from clinical branches had unwavering dedication to patient care in the hospital and were very committed to teaching in the medical college lecture halls. Inspired by them, I had then aspired to become a surgeon and teacher. Manipal CMEs were extremely popular between 1983 till 1990. They were conducted for 7 days.



Prof M G Shenoy, first treasurer of KSC, Professor of Surgery, KMC, Manipal welcoming guest speakers. He also delivered a talk on monoclonal antibodies.

At KMC Manipal: I joined Kasturba Medical College, Manipal in the year 1986 on 1<sup>st</sup> December. I have been fortunate enough to continue in the same place and in the same department since then. As a junior-most faculty, I was given the responsibility to teach nursing students, dental students and third semester undergraduate medical students. Within 3 to 4 years of time, a large number of students from different units began joining my clinics in the hospital. I started understanding what students want and what they like. I taught soft skills even at that time including empathy, about patients' problems, the interpretation of investigations in a highly effective and engaging manner. I have enjoyed case-based discussions in the last 3 decades and still do - what is now called a 'case capsule'. The department conducted regular CMEs.



First song – Singing in Manipal in the 1988-89 period - Mukesh's song – 'chal akela, chal akela' with students for college day function

All our CMEs ended with group songs by staff led by me – way back in 1989. The song here was 'Jaha daal daal per sone ki chidiya.. wo Bharath desh hai mera'



1990 CME – Singing the song, "Jaya Bharatha jananiya tanujaathe". You can also see Prof CR Ballal in the picture.

**Growth of Manipal:** By 1995, I saw Manipal growing by leaps and bounds in terms of education, infrastructure, new imaging methods such as ultrasound, CT scan, radionuclide studies etc. I also began receiving promotions and my career advanced well. Manipal has a lovely campus, ideal for families to settle down, with academic and nonacademic activities for every student and staff. Naturally, I settled down here.



25 YEARS LEGACY OF A BOOK



Jan - March 2025

MAKING OF MANIPAL MANUAL OF SURGERY (MMS)

JOURNEY FROM 1ST EDITION- MILLENNIUM EDITION TO 7TH EDITION - SILVER JUBILEE EDITION

My wife, Dr. Anitha Nileswhar, my parents and my children Ranjan and Rachana (the book is dedicated to my children) fully supported me in my venture. My children Ranjan and Rachana have also been part of this book during its preparation, helping with correction of spelling mistakes and editing. Those were the days when using blackboard was the only method of teaching and illustration. I used it extensively to draw beautiful simple diagrams, illustrations and flow charts for better understanding. I taught students in all possible locations in the hospital.

One day students met me at Manipal- end point, at the end of Manipal hill, a beautiful place where you can see Swarna river in the North, Arabian sea in the west, western ghats in the east and beautiful meadow in the south. The students asked me once, 'Sir, why don't you teach here?'. It was a unique experience, when they sat on the ground and I, sitting on a rough rock, taught them the hydrocele song. Every discussion with students prompted me to teach more and more.



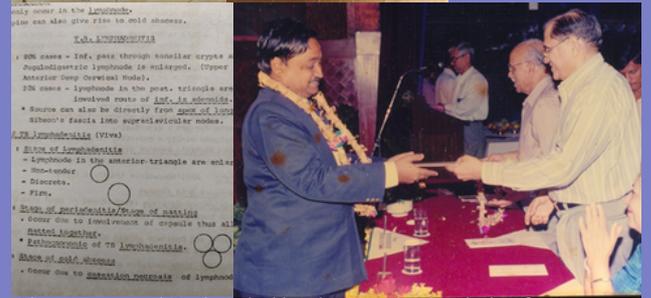
Students enjoying listening to the 'Hydrocele' song at end point of Manipal

Class notes xerox and cyclostyling - The turning point: The standard textbook followed at that time (and even now) was 'Practice of Surgery' by Bailey and Love. I might have read it scores of times and continue to read even now. However, the undergraduates were finding it difficult to follow and retaining the knowledge was a tough task. One batch of medical students had written down notes of all the numerous theory classes that I had taken for them. These notes started becoming popular because my lectures also included the clinical aspects including management. This batch also had clinical postings in our unit 2 or 3 times during which they penned down my clinical discussions. These notes were read by many students for theory and practical examination. In November 1994, a medical student, Dr Pushpa, a Malaysian, who graduated, visited my house with her parents after the convocation. She told me, she has a surprise gift of a book for me. I accepted it and was pleasantly surprised when I opened it. There were two 200 page note books with clearly and legibly written notes of my lectures and clinics. What was meant as a gift to me turned out to be the corner stone of a game changer book. She had got her original notes photocopied, indexed, got them bound and presented to me gift-wrapped. She told me, 'Sir, you have to start writing a book now because your notes have been circulating, xerox shops are selling these notes and everybody's reading them but your name is nowhere in the book'. The Xerox shop owner was

quick to understand the students' mentality. He had made additional copies of the first photocopy of these handwritten notes and had started selling them. This happened in 1994 and it was the first time that I realized that I can also write a book. My confidence grew when I got the Good Teacher award in 1995, the first time it was ever given. I must make a special mention of Prof. Upendra Santosh Pai, who consistently urged me to pursue this and kept insisting that I should write one. The name 'Manipal Manual of Surgery' was given by Dr. Santhosh Pai, who was my guide, mentor and well-wisher. I worked with him for 7 years between 1990 to 1997.



Dr Pushpa kept original notes with her and gave me 1 xeroxed book. She had good handwriting. She had organized the chapters well. Dr Pushpa during the 1993-94 Convocation at KMC Manipal.



Class notes and Cyclostyled books were in circulation for 6 years. Receiving Good Teacher Award in 1995. Dr Ramdas Pai, Chancellor, and Dr B M Hegde, vice-chancellor of the University are in the picture.

Game changer: My cyclostyled book reached the publishers of my book - CBS publishers and distributors from New Delhi whose managing director is Mr. SK Jain popularly referred to as Mataji. He spoke to me about their ideas regarding book preparation, publishers, distributors and what students want etc. Then I started editing my notes, all mistakes were corrected, pages were rearranged, the reading continuity was very well maintained and photographs were added. My wife, Dr Anita Nileswhar Shenoy, ably assisted me in the editing the entire book. Repeated corrections, rejections, incorporations of new ideas and working well into the wee hours of the night eventually led to the final release of the MMS. Special thanks to many authors who have contributed various specialty chapters. My classmate and my friend surgeon Capt.L.Ramchandra SM, edited and revised urology chapter.

**25 YEARS LEGACY OF A BOOK**



Jan - March 2025

**MAKING OF MANIPAL MANUAL OF SURGERY (MMS)**

**JOURNEY FROM 1<sup>ST</sup> EDITION- MILLENNIUM EDITION TO 7<sup>TH</sup> EDITION - SILVER JUBILEE EDITION**



Dr. U. Santhosh Pai who suggested the title- Manipal Manual of Surgery.

**Release of First edition of Manipal Manual of Surgery:** On 27<sup>th</sup> December 1999, the first edition, titled as Manipal Manual of Surgery, Millennium edition, was released at the National Conference of Association of Surgeons of India at Madurai by the ASI President, Dr. H. S. Bhanushali. As I had mentioned earlier, the book had all the text including specialty topics, clinical discussions, clinical methods and had four detailed sections on VIVA VOCE examination. As far as my knowledge goes, that was the first book in surgery containing all this contents at that time. They had dispatched only 50 books in the national conference but only 25 copies were sold. Later Mr. B. R. Sharma represented my publishers at Madurai. He felt slightly unhappy, but he encouraged me and told me he and his team CBS, will popularize the book pan-India. He said, 'keep going and keep updating, everything you need will come to you at a perfect time'.

1<sup>st</sup> edition of MMS is released at Madurai ASICON on 27<sup>th</sup> December 1999. Dr. H. S. Bhanushali was the ASI President.



**Book shaped by Students**

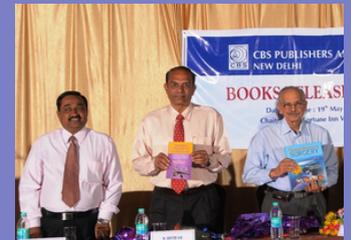
The first edition became popular within 1-2 years. I started getting emails and letters written by my dear students from various colleges from all over India. Many of them appreciated and a few gave suggestions. One may wonder why it became popular when there were many established books in the market, including standard textbooks. The reason was that even 25 years ago, the textbooks had become virtual jungles where students would get lost. I had given them a book that was simple and easy to understand with flow charts, tables, key boxes, lots of material on clinics and colored photographs. A few actual case reports were discussed as important illustrative clinical problems in the manual which the students really appreciated. This book is easy to read, easy to rehearse and easy to reproduce. The book improved after their feedback and thus the cover page mentions - 'the book shaped by students'.

The second edition and 3<sup>rd</sup> edition: The book was born out of compulsion from the suggestions of students, that the book to be more comprehensive, complete and up-to-date. Multiple Choice Questions were added. The second edition was released on Feb 14<sup>th</sup>, 2005, during the State Conference of KSC, at Father Muller's medical College by ASI president Dr. R. B. Singh and Karnataka State Chapter President Dr. C. C. Narasimhan. The 3<sup>rd</sup> edition saw lots of imaging, CT scans, endoscopy pictures and 'most interesting'. It was released by KMC Dean Dr. L. N. Rao, who was a Professor of Physiology par excellence, dedicated teacher and disciplinarian. By the year 2010, the book was read in over 12 countries, including Sri Lanka, Malaysia, Bangladesh, Pakistan, UAE, Nepal, Bangladesh, China, Oman etc. The main reason for this was that it continued to be a simple book, easy to read and revise.



The 2<sup>nd</sup> Edition of MMS was released in Mangalore during KSC conference at Father Muller Medical College in Feb 2005. KSC Chairman Dr. C. C. Narasimhan along with ASI President Dr. R. B. Singh released my book.

The 3<sup>rd</sup> Edition of MMS was released in Manipal in June 2010 by Dr. P. L. N. Rao, academician and administrator par excellence, former Dean, KMC Manipal. In the same function, Dr. Sripathi Rao, an Orthopedician, who became the Dean later in that year, released another of my books - Manipal Manual of Instruments.



Dr. Satyavan, one of the most respected, senior brilliant teachers from Madurai and present President elect of ASI. Dr. Marutu Pandiyan had a high appreciation of the book.

Some of my students who had read my notes visited Manipal after 20 years. They visited my home, are holding my notes and previous editions of my book with happiness and pride.



4<sup>th</sup> and 5<sup>th</sup> edition MMS: Medicine is ever changing art and science. Anatomy may not change but new images, new scans were added and the book was updated. Quality of the paper was much superior. For the first time, my books were printed by the printing section of Manipal Technologies.



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The book contained not only clinical discussion and the diagnosis, but also the investigations and their interpretation, which was a great advantage. It was also the first time that we added a new concept of 'pearls of wisdom'. They helped them attain better understanding on the subject and were useful for a quick recall. Students liked and benefited from this concept and even conveyed their appreciation to me. As suggested by students, multiple choice questions were upgraded in the 4<sup>th</sup> edition. As evidence-based science started playing a major role in the management of patients, I was lucky that I was a part of an institution such as KMC and Kasturba Hospital that practiced evidence-based medicine. It was easy for me to get a detailed work up of a patient – to include clinical pictures, investigations, interpretations, imaging and surgery pictures. The 4<sup>th</sup> edition was released by Dr K Ramnarayan, Vice Chancellor of MAHE, in the year 2015.

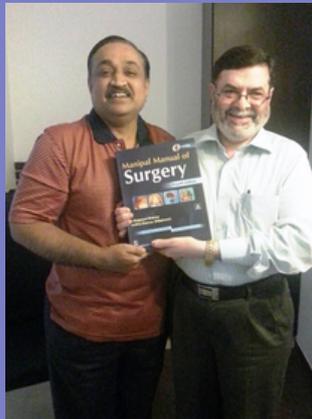
In the last 10 years, competitive examinations were introduced and more problem based questions are asked. Students are finding it easy because MMS has given these 10 years earlier itself. 5<sup>th</sup> edition was released at Bhuvaneshwar during Annual conference of ASI by the President of ASI, an academician, former AIIMS HOD, Dr Aravind Kumar.



4<sup>th</sup> edition of MMS was released by Dr. K. Ramnarayan Vice Chancellor MAHE.



Director of Academics and past President of ASI, Dr Santhosh John Abraham, senior consultant Lourde Hospital, Cochin and Dr Anjanappa past chairman KSC-ASI, Senior Professor and key anchor of Prestigious Bengaluru weeklong teaching program that includes clinical cases discussions, receiving my book.



All well-known surgeons, my great well-wishers, promoted my book and popularized my book all over Karnataka. Miss you Dr Mohan...



5<sup>th</sup> EDITION OF MMS is released at Bhuvaneshwar during ASICON 2019. Dr Arvinda Kumar, President, ASI released the book. You can see my surgeon friends from different states, who always supported me.

6<sup>th</sup> edition - CBME edition: In the year 2020, the National Medical Council introduced a different type of curriculum called the CBME (competency based medical education). There was a demand from students and from publishers to give students easy CBME titles. During this time (post covid), there was a shortage of printing papers. For the first time, MMS was split into 2 volumes, for ease of carrying the book and reading. The contents were rearranged, and competencies were added. The 6<sup>th</sup> edition was released in the post covid period on December 4<sup>th</sup> by Vice Chancellor of Manipal University, Lieutenant General Dr Venkatesh at Manipal during annual Manipal CME- Clinifest 2022. Dr Siddesh G., my friend and well-wisher, ASI president attended the Clinifest 2022. Students' feedback said that the two volumes are welcome, and they find sometimes convenient to carry the books to the hospital, or to the classes, or even to the library for self-reading.

MMS 6<sup>th</sup> Edition : Lieutenant General Dr Venkatesh, VC, MAHE, releasing the MMS 6<sup>th</sup> edition- CBME edition at Manipal during annual Manipal CME 2022. Dr Siddesh G. was president of ASI, graced the function.



Silver Jubilee edition - 7<sup>th</sup> edition: Changes are inevitable. The competitive exams by the National Medical Council lay emphasis on problem-based and interpretation-based questions. I have a large collection of clinical data and small video clips for teaching purposes. Thus the 7<sup>th</sup> edition has plenty of digital content which includes digital text, clinical examination videos, recorded talk, and problem-based learning materials. There is so much to learn from video sessions. This edition will help the students to not only understand the subject better but also to recollect and perform better in clinical examinations.



## 25 YEARS LEGACY OF A BOOK



Jan - March 2025

### MAKING OF MANIPAL MANUAL OF SURGERY (MMS)

JOURNEY FROM 1<sup>ST</sup> EDITION- MILLENNIUM EDITION TO 7<sup>TH</sup> EDITION - SILVER JUBILEE EDITION



The seventh edition of Manipal Manual of Surgery was released at JNMC Belagavi, by mentor, guide and well-wisher Dr Ashok Godhi, Former principal and HOD, Dept of Surgery, JNMC, Belagavi.

Future: We don't know the exact requirement of books versus digital material in the future but the fact remains that if the book has good content in a readable and reproducible format, and if it helps in learning quick with the help of digital video content, it will stay. The methodology of teaching is different from person to person. If there is a good teacher and a good book, there is no substitute. Everything cannot be learnt from digital content in the medical field. It is better that one should do a complete reading of a book. The book will give a wider idea about the page you are reading, a panoramic view of the topic in the form of tables, flowcharts, algorithms, tables and photographs.

Message to young surgeons and teachers: As our former President of India, most respected Dr Abdul Kalam said, 'Ignite young minds and guide them. Recognize them, tell them what you are doing rather than tell them to find out what I am doing, tell them the answers rather than ask them to find out'. You can teach anywhere if you are inclined to teach and so much material is there to teach. You just need an attitude to teach and organize your schedules well. Surgeons definitely need fundamentals first. Develop your skills and keep updated by attending various workshops. Follow what your mentors are doing and improve upon them.

Concluding remarks: I got name, fame, and monetary gains. The biggest gain for me, however, is the large number of students, well-wishers, and surgeon friends from all over India. I have developed strong bonds with many surgeons from our state chapter - KSC surgeons. All of you - surgeons of KSC - have encouraged me and invited me to several occasions in several colleges and for CMEs. You have given me so much respect and love for which I am forever grateful. I was elected as a national EC member twice. You have voted to me for the coveted post of chairman elect KSC -ASI in Dharwad in February 2024. Now I am happy to serve this prestigious association of Karnataka State Chapter of surgeons - KSC as chairman. I am extremely happy to write this article for Shastra. Thank you very much, Dr Savitha K, for giving me the opportunity.

With Chairman elect Dr Naaz Shaik, and her daughter Miss Aarzo who is a fan of my book MMS, presently Head and Neck Oncologist working in Mumbai (year 2016) .



Together we serve KSC-ASI. Team KSC-ASI 2025-2026. With special thanks and appreciation to Dr. Savitha Karalwad, our EC member for giving me an opportunity to share this journey of MMS

#### Acknowledgements:

1. Kasturba Medical College and hospital, Manipal, Manipal Academy of Higher Education, Manipal: Our life in KMC Manipal has been so good that we never felt like leaving Manipal. We are grateful to Dr TMA Pai, Dr Ramdas Pai, Mrs Vasanthi Pai and now Dr Ranjan Pai, who shaped our career by giving us PG seats for merit, then offering jobs and later, promotions based on our performance allowed us to grow along with the institution. We offer our salutations to MAHE, faculty from various departments and the faculty of the department of surgery who have contributed for the success of MMS.



Floral tributes to Our Founder Late Dr. Tonse Madhav Ananth Pai- Dr T M A Pai and our sincere respects to Dr. Ramdas M. Pai, our chancellor.

2. Entire team of CBS publishers and Distributors New Delhi who have popularized this book pan India and many other countries.



Dr Anitha Nileshwar coeditor of MMS , Dr K. Rajgopal Shenoy Author, with Sri S K Jain Chairman of CBS Publishers & Distributors Pvt. Ltd.(Matasaheb), Mr. Arjuna, Publishing Director and Mr. Varun Jain Managing Director at CBS Publishers & Distributors Pvt Ltd. at CBS head Oat CBS Patparganj, New Delhi. CBS have also released another 3 titles including Manipal manual of Clinical Methods

3. My big thanks to the large number of patients from Kasturba hospital, Manipal who in fact are our teachers. A few pictures are given below – to generate interest amongst PGs and junior staff for bedside teaching and learning... endless opportunities for a teacher to teach!





Jan - March 2025



### THE QUEEN RETURNS

A weightless atmosphere and darkness all around  
The astounding silence, kept them spell bound  
When a short journey to space got converted  
To a long wait, which was never anticipated!!

Recycled water from the body waste  
Food so dry, unpalatable to taste  
In the little Womb of the enormous space  
They survived the hardships with so much grace.

Setting right the huge space station  
Walking around with a weightless situation  
What seemed like an excitement filled journey  
Faith, Was now supposed to give its testimony.

A dreadful wait for a little over nine long months  
The chance of returning becoming remote  
The whole world praying to the unseen Gods  
Hoping for the situation to change against all odds.

Patience, faith and perseverance paid at last  
Though rivals, the differences weren't cast,  
A new space ship flew into the oblivion  
To bring back the stranded astronauts.

When the capsule splashed gently into the ocean  
Picked up and brought home the dragon  
The world rejoiced in their homecoming,  
What a sight, hands joined for prayer had met  
technology!!



**Dr. Naaz Jahan Shaikh**  
Chairman Elect KSCASI

### THE JOURNEY BEGINS...

From jumping with excitement,  
To silently stepping into the halls of my dream  
desire,

From working with a heart full of hope,  
To touching the lives of the patients;  
From pushing myself to work harder

Learning through the mistakes,  
To looking forward for the endless rounds,  
With each senior highly wise,

Consultants and residents, a never-ending prize;  
From making sure my patient has received a high  
protein diet,

To bathing in their blood, bile, faeces and pus,  
From learning that real happiness lies in knowing-  
If patient ambulated and has passed faeces or  
flatus,

And compassion in the words 'PAE clear'.  
From learning through the sleepless nights,  
To longing to lay hands on live tissue.

From knowing that a Surgeon's job is more than  
just

A scalpel and a few doses of penicillin,  
To growing stronger, hands turning steadier

with every single patient.

From missing home every single day,

To loving this beautiful Campus a bit more than  
yesterday.

My journey to become a Surgeon continues...



**Dr. Shreeya Shivanand Doddannavar,**  
1 st year PG.,  
BLDE Medical College and Hospital,  
Vijayapura.



Jan - March 2025

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Asst. Prof ENT,  
MGD&C, Kamoth



**Dr. Aarzo Saliya**  
Consultant ENT, Head & Neck  
Oncology, Mumbai



**Dr. Anurag Phalke**

Congratulations to Dr Arazoo and Dr Naaz .  
Such a proud moment.  
Feels so good when kids do well in life.



### ಕ್ಲಾಟ್ ಫಲಿತಾಂಶ ಪ್ರಕಟ ರಾಜ್ಯಕ್ಕೆ ಶಿವಾನಿ ಟಾಪರ್

■ ವಿಜಯವಾಣಿ ಸುದ್ದಿಪಾಲಕರ ಬೆಂಗಳೂರು ರಾಷ್ಟ್ರೀಯ ಕಾನೂನು ವಿಶ್ವವಿದ್ಯಾಲಯದ ಒಕ್ಕೂಟವು (ಎನ್‌ಎಲ್‌ಎಸ್‌ಯು) ದೇಶದ ಕಾನೂನು ವಿವಿಗಳ ಪದವಿ ಕೋರ್ಸ್‌ಗಳ ಪ್ರವೇಶಕ್ಕಾಗಿ ನಡೆಸುವ ಸಾಮಾನ್ಯ ಕಾನೂನು ಪ್ರವೇಶ ಪರೀಕ್ಷೆ-2025 (ಕ್ಲಾಟ್) ಪರಿಶೀಲನೆ ಕನಿಷ್ಠ ಪ್ರಕಟವಾಗಿದೆ. ರಾಜ್ಯಕ್ಕೆ ಬೆಂಗಳೂರಿನ ಶಿವಾನಿ ಜೋಶಿ ಟಾಪರ್ ಆಗಿದ್ದಾರೆ.

ರಾಜ್ಯದ ಹಲವು ವಿದ್ಯಾರ್ಥಿಗಳು ಶೇ.99ಕ್ಕಿಂತ ಹೆಚ್ಚಿನ ಅಂಕಗಳನ್ನು ಪಡೆದಿದ್ದು, ಹೆಚ್ಚಿನವರು ಬೆಂಗಳೂರಿನ ರಾಷ್ಟ್ರೀಯ ಕಾನೂನು ಶಾಲೆ ವಿಶ್ವವಿದ್ಯಾಲಯ ಪ್ರವೇಶಿಸುವ ಗುರಿ ಹೊಂದಿದ್ದಾರೆ. ವೈದೇಹಿ ಸ್ಕೂಲ್ ಆಫ್ ಎಕ್ಸಲೆನ್ಸ್ ಕಾಲೇಜಿನ ವಿದ್ಯಾರ್ಥಿನಿ ಶಿವಾನಿ ಜೋಶಿ ಅಖಿಲ ಭಾರತ ಮಟ್ಟದಲ್ಲಿ 19ನೇ ರ್ಯಾಂಕ್ ಪಡೆದಿದ್ದು, ರಾಜ್ಯಕ್ಕೆ ಮೊದಲ ಟಾಪರ್ ಆಗಿ ಹೊರಹೊಮ್ಮಿದ್ದಾರೆ.

ಬೆಂಗಳೂರಿನ ಶ್ರೀ ಕುಮಾರನ್ಸ್ ಟೆಕ್ನಿಕ್ ಹೊಂ ಮಲ್ಲುನಂದ್ರ ಕ್ಯಾಂಪಸ್‌ನ ವಿದ್ಯಾರ್ಥಿನಿ ಶುಕಾಲ್ ಕವಾ ಅಖಿಲ ಭಾರತ ಮಟ್ಟದಲ್ಲಿ 29ನೇ, ರಾಜ್ಯಕ್ಕೆ 2ನೇ ರ್ಯಾಂಕ್ ಪಡೆದಿದ್ದಾರೆ. ಹವ್ಯಾಳದ ನಿಂದಿ ಪ್ರೌಢಶಾಲೆಯ ವಿದ್ಯಾರ್ಥಿನಿ ಸಂಜಿತ್ ಸುನೀಲ್ ರಾವ್ ಅಖಿಲ ಭಾರತ ಮಟ್ಟದಲ್ಲಿ 30 ಮತ್ತು ರಾಜ್ಯಕ್ಕೆ 3ನೇ ರ್ಯಾಂಕ್ ಪಡೆದಿದ್ದಾರೆ. ಸಂಜಿತ್ ತನ್ನ ಅಧ್ಯಯನದ ಜೊತೆಗೆ ವಾಟರ್‌ನಲ್ಲಿ ಭಾಗವಹಿಸುವ ಬೆಂಚ್ ಅಟಗಾರರಾಗಿದ್ದಾರೆ. ಸೋನಿಯಾ ಹೈಸ್ಕೂಲ್‌ನ ವಿದ್ಯಾರ್ಥಿನಿ ಅನುಷ್ಠಾ ಫಲಕಾ ರಾಜ್ಯಮಟ್ಟದಲ್ಲಿ 38ನೇ ಮತ್ತು ರಾಜ್ಯ ಮಟ್ಟದಲ್ಲಿ 4ನೇ ರ್ಯಾಂಕ್ ಪಡೆದಿದ್ದಾರೆ.

**11ನೇ ತರಗತಿಯಲ್ಲಿ** ಡಾ. ಕಲ್ಪನಾ ಕುಮಾರ್ ಪಡೆಯುತ್ತಿದ್ದ. ಆ ವೇಳೆ ಕಾನೂನಿನ ಪಠ್ಯಕ್ರಮ ಹಾಗೂ 12ನೇ ತರಗತಿಯಲ್ಲಿ ಸಾಮಾನ್ಯ ಜ್ಞಾನದ ಬಗ್ಗೆ ಹೆಚ್ಚು ಅಭ್ಯಾಸ ನಡೆಸುತ್ತಿದ್ದ. ರಾಜ್ಯದ ಮೊದಲ ರ್ಯಾಂಕ್ ನಿರೀಕ್ಷೆ ಮಾಡಿದರಲ್ಲ. ನನ್ನ ಶಾಲೆಯಲ್ಲಿ ವಿದ್ಯಾರ್ಥಿನಿ ಸಾಸು ಬೇರೆ ವ್ಯಕ್ತಿ ಅನುಸರಿಸಬೇಕೆಂದು ಊಟ್ ಬರೆದ.

**11ನೇ ತರಗತಿ** ರಾಜ್ಯ ಮೊದಲ ಟಾಪರ್, ವೈದೇಹಿ, ಕಾಲೇಜು, ಬೆಂಗಳೂರು

**ಶುಕಾಲ್ ಕವಾ**  
ರಾಜ್ಯಕ್ಕೆ ದ್ವಿತೀಯ ಟಾಪರ್, ಕುಮಾರನ್ಸ್ ಕಾಲೇಜು, ಬೆಂಗಳೂರು

Congratulations to Shivaani n Dr Sunil .  
Such a proud moment.  
Feels so good when kids do well in life.





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**Editor - eShastra**